



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
110 HH (Open)									
Meet vs North Plainfield	Outdoor	4/5/2005	Tues	110 Meter HH			27.20		
Meet vs Roselle Catholic & Newark	Outdoor	4/19/2005	Tues	110 Meter HH			22.50		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	110 Meter HH			23.30	3	
200 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/8/2005	Friday	200 Meter			27.70		
NJCTC Frosh/Soph Championships	Outdoor	4/22/2005	Friday	200 Meter			27.70		
Mountain Valley Conference Novice Meet	Outdoor	5/16/2005	Mon	200 Meter			28.10		
Mountain Valley Conference	Indoor	1/7/2006	Sat	200 Meter			28.14	26	
200 (Relay)									
Union County Relay Championship	Indoor	1/4/2006	Wed	SMR 2-2-4-8			29.40		
Catholic Conference Relays	Indoor	1/9/2006	Mon	4 x 200 Meter			27.60		
300 (Open)									
NJCTC Frosh/Soph Championships	Indoor	2/6/2005	Sun	300 Meter			47.29		
400 (Open)									
Meet vs North Plainfield	Outdoor	4/5/2005	Tues	400 Meter			1:05.50		
Metuchen Frosh Soph 1	Outdoor	4/8/2005	Friday	400 Meter			1:05.30		
NJCTC Frosh/Soph Championships	Outdoor	4/22/2005	Friday	400 Meter			1:02.60		
400 IH (Open)									
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	400 Meter IH			1:20.00	3	
Mountain Valley Conference Novice Meet	Outdoor	5/16/2005	Mon	400 Meter IH			1:13.00		
400 IH (Relay)									
Mountain Valley Conference Relay	Outdoor	5/3/2005	Tues	3 x 400 IH			1:21.30		
5000									
UC -vs- Bound Brook, Oratory Prep, Oak	Middlesex High School	9/14/2004	Tues	5K			26:27.00	32	
UC -vs- New Providence	New Providence High School	9/21/2004	Tues	5K			26:42.00	30	
Shore Coaches Invitational	Holmdel Park	10/2/2004	Sat	5K			26:42.00	235	
UC -vs- Manville	Manville High School	10/5/2004	Tues	5K			25:53.00	19	
Mountain Valley Conference	Pleasant Valley Park	10/13/2004	Wed	5K			25:46.00	29	



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UC -vs- Bound Brook, Oratory Prep, Oak	Middlesex High School	9/13/2005	Tues	5K			25:22.00	34	PR
Shore Coaches Invitational	Holmdel Park	10/1/2005	Sat	5K			23:31.00	140	PR
5150									
UC -vs- Dayton	Warinanco Park	10/6/2004	Wed	5150 Meters			24:04.00	24	
Union County Championship	Warinanco Park	11/3/2004	Wed	5150 Meters			25:25.00	83	
UC -vs- New Providence	Warinanco Park	9/20/2005	Tues	5150 Meters			24:32.00	31	
UC -vs- Dayton, Technology	Warinanco Park	9/27/2005	Tues	5150 Meters			23:52.00	25	PR
UC -vs- Manville	Warinanco Park	10/5/2005	Wed	5150 Meters			24:18.00	15	
5250									
Bernie Magee Class Meet	Warinanco Park	9/18/2004	Sat	5250 Meters			26:48.00	208	
Stewart Memorial Invitational	Warinanco Park	9/25/2004	Sat	5250 Meters			27:17.00	86	
Catholic Conference Championship	Warinanco Park	10/30/2004	Sat	5250 Meters			26:42.00	148	PR
Stewart Memorial Invitational	Warinanco Park	9/24/2005	Sat	5250 Meters			23:46.00	81	PR