



# Boys XC / Track / Field

## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>55 (Open)</b>									
Mountain Valley Conference	Indoor	1/6/2007	Sat	55 Meter Dash			7.00	3	7.10
Group 1 State Championship	Indoor	2/15/2007	Thurs	55 Meter			6.80	7	6.83
Winter Track Meet of Champions	Indoor	2/25/2007	Sun	55 Meter			6.99	21	
Mountain Valley Conference	Indoor	1/5/2008	Sat	55 Meter Dash			6.83	2	
Catholic Conference Championship	Indoor	2/8/2008	Friday	55 Meter			6.40	1	
Non Public A State Championship	Indoor	2/16/2008	Sat	55 Meter Dash			6.68	1	
Winter Track Meet of Champions	Indoor	2/23/2008	Sat	55 Meter Dash			6.65	13	
<b>60 Y (Open)</b>									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	60 Yard			6.80		
Union County Individuals	Indoor	1/31/2007	Wed	60 Yard			6.70	6	6.8
<b>100 (Open)</b>									
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	100 Meter Dash			13.40		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	100 Meter Dash			13.30		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	100 Meter Dash			12.40		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	100 Meter Dash			11.80	3	
Union County Championships	Outdoor	5/20/2006	Sat	100 Meter Dash			11.80		
NJCTC Frosh Soph Championships	Outdoor	5/21/2006	Sun	100 Meter Dash			11.90	4	
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	100 Meter Dash			12.10		
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	100 Meter Dash			11.80	1	
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	100 Meter Dash			11.10	1	
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	100 Meter Dash			11.20	1	
Mountain Valley Conference	Outdoor	5/8/2007	Tues	100 Meter Dash			10.80	2	
Union County Championships	Outdoor	5/19/2007	Sat	100 Meter Dash			11.50		
Catholic Conference Championships	Outdoor	5/27/2007	Sun	100 Meter Dash			11.77	16	
Non Public A State Championships	Outdoor	6/1/2007	Friday	100 Meter Dash			11.38	11	
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	100 Meter Dash			10.80	1	
Mountain Valley Conference	Outdoor	5/5/2008	Mon	100 Meter Dash			10.90	2	
Union County Championships	Outdoor	5/17/2008	Sat	100 Meter Dash			11.20		



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## Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>100 (Relay)</b>									
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	4 x 100 Meter					
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 100 Meter					
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	4 x 100 Meter					
Union County Relay Championships	Outdoor	5/3/2007	Thurs	4 x 100 Meter					
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	4 x 100 Meter					
Union County Relay Championships	Outdoor	5/2/2008	Friday	4 x 100 Meter					
<b>200 (Open)</b>									
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/26/2005	Tues	200 Meter			26.20		
Scrimmage vs Bishop Ahr	Outdoor	3/24/2006	Friday	200 Meter			29.00		
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	200 Meter			28.30		
Metuchen Frosh Soph 1	Outdoor	4/7/2006	Friday	200 Meter			27.80		
Meet vs Governor Livingston and	Outdoor	4/11/2006	Tues	200 Meter			26.00		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	200 Meter			26.20		
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	200 Meter			25.40		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	200 Meter			25.60		
NJCTC Frosh Soph Championships	Outdoor	5/21/2006	Sun	200 Meter			24.70		PR
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	200 Meter			24.20	2	
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	200 Meter			23.60		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	200 Meter			24.10	1	
Mountain Valley Conference	Outdoor	5/8/2007	Tues	200 Meter			22.70	3	
Union County Championships	Outdoor	5/19/2007	Sat	200 Meter			23.10		
Catholic Conference Championships	Outdoor	5/27/2007	Sun	200 Meter			23.03	8	
Non Public A State Championships	Outdoor	6/1/2007	Friday	200 Meter			23.31	10	
Season Opener	Indoor	12/23/2007	Sun	200 Meter			22.59		
National Scholastic Indoor Championship	Indoor	3/15/2008	Sat	200 Meter			22.82		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	200 Meter			22.20		
Mountain Valley Conference	Outdoor	5/5/2008	Mon	200 Meter			22.30	4	
<b>200 (Relay)</b>									
Herm Johnson Relays	Outdoor	4/8/2006	Sat	4 x 200 Meter			26.40		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 200 Meter			23.90		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	SMR 2-2-4-8			24.10		
Marine Corps Holiday Classic	Indoor	12/27/2006	Wed	4 x 200 Meter			23.80		
Marine Corps Holiday Classic	Indoor	12/27/2006	Wed	SMR 4-2-2-8			24.00		
Catholic Conference Relays	Indoor	1/7/2007	Sun	4 x 200 Meter			24.50		
Group 1 State Relays	Indoor	1/12/2007	Friday	4 x 200 Meter			24.20		
Group 1 State Relays	Indoor	1/12/2007	Friday	SMR 4-2-2-8			24.10		
New Balance Games	Indoor	1/20/2007	Sat	4 x 200 Meter			53.90		
New Balance Games	Indoor	1/20/2007	Sat	SMR 4-2-2-8			23.50		
The National Hall of Fame Classic	Indoor	2/17/2007	Sat	SMR 4-2-2-8			23.60		
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 200 Meter			22.80		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	SMR 2-2-4-8			22.80		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	4 x 200 Meter			22.40		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	4 x 200 Meter			22.80		
East Coast Relays	Outdoor	5/21/2007	Mon	SMR 2-2-4-8			22.00		
Nike Outdoor Nationals	Outdoor	6/15/2007	Friday	SMR 2-2-4-8			23.20		
Nike Outdoor Nationals	Outdoor	6/15/2007	Friday	4 x 200 Meter			23.10		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 200 Meter			22.70		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	SMR 4-2-2-8			22.90		
New Balance Games	Indoor	1/19/2008	Sat	4 x 200 Meter			22.40		
Eastern States Invitational	Indoor	2/26/2008	Tues	4 x 200 Meter			22.20		
Eastern States Invitational	Indoor	2/26/2008	Tues	4 x 200 Meter			22.10		
National Scholastic Indoor Championship	Indoor	3/15/2008	Sat	4 x 200 Meter			22.10		
National Scholastic Indoor Championship	Indoor	3/16/2008	Sun	4 x 200 Meter			22.10		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	4 x 200 Meter			22.20		
Union County Relay Championships	Outdoor	5/2/2008	Friday	4 x 200 Meter			22.10		
Nike Outdoor Nationals	Outdoor	6/20/2008	Friday	4 x 200 Meter			21.90		
Nike Outdoor Nationals	Outdoor	6/20/2008	Friday	SMR 2-2-4-8			21.90		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 200 Meter			21.60		
<b>220 Y (Relay)</b>									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	1.0 Mile Relay			1:00.80		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Union County Relay Championship	Indoor	1/9/2008	Wed	4 x 220 Yard			25.40		
Union County Relay Championship	Indoor	1/9/2008	Wed	1.0 Mile Relay			56.60		
<b>300 (Open)</b>									
Lou Molina Invitational	Indoor	2/11/2008	Mon	300 Meter			36.80	2	
<b>400 (Open)</b>									
Metuchen Frosh Soph 1	Outdoor	4/7/2006	Friday	400 Meter			1:04.50		
Meet vs Roselle Catholic & Mt. Saint	Outdoor	4/25/2006	Tues	400 Meter			1:03.70		
Mountain Valley Conference Novice Meet	Outdoor	5/15/2006	Mon	400 Meter			59.80		
NJCTC Frosh Soph Championships	Outdoor	5/21/2006	Sun	400 Meter			56.30		PR
Scrimmage vs St. Joes Mon Don ND	Outdoor	3/24/2007	Sat	400 Meter			54.80		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	400 Meter			54.40		
Mountain Valley Conference	Outdoor	5/8/2007	Tues	400 Meter			52.00	5	
Season Opener	Indoor	12/23/2007	Sun	400 Meter			53.39		
Mountain Valley Conference	Indoor	1/5/2008	Sat	400 Meter			53.11	2	
Catholic Conference Championship	Indoor	2/8/2008	Friday	400 Meter			52.60	3	
Non Public A State Championship	Indoor	2/16/2008	Sat	400 Meter			52.26	4	PR
Winter Track Meet of Champions	Indoor	2/23/2008	Sat	400 Meter			51.14	13	
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	400 Meter			50.90	1	
Mountain Valley Conference	Outdoor	5/5/2008	Mon	400 Meter			49.90	4	
Non Public A State Championships	Outdoor	5/30/2008	Friday	400 Meter			49.67	3	
<b>400 (Relay)</b>									
Metuchen Frosh Soph 4	Outdoor	5/12/2006	Friday	4 x 400 Meter			59.70		
Brown Invitational	Indoor	12/29/2006	Friday	DMR 12-4-8-16			57.30		
Catholic Conference Relays	Indoor	1/7/2007	Sun	SMR 2-2-4-8			54.40		
Group 1 State Relays	Indoor	1/12/2007	Friday	4 x 400 Meter			53.70		
National Scholastic Indoor Track	Indoor	3/9/2007	Friday	4 x 400 Meter			52.20		
National Scholastic Indoor Track	Indoor	3/9/2007	Friday	4 x 400 Meter					
Meet vs Roselle Catholic	Outdoor	4/3/2007	Tues	4 x 400 Meter			54.80		
Meet vs Governor Livingston and	Outdoor	4/10/2007	Tues	4 x 400 Meter			54.20		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	4 x 400 Meter			53.80		



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Blue Devil Classic	Outdoor	4/21/2007	Sat	4 x 400 Meter			53.30		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	4 x 400 Meter			51.10		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	4 x 400 Meter			50.90		
Mountain Valley Conference	Outdoor	5/8/2007	Tues	4 x 400 Meter			51.80		
Union County Championships	Outdoor	5/19/2007	Sat	4 x 400 Meter			51.90		
East Coast Relays	Outdoor	5/21/2007	Mon	4 x 400 Meter			51.80		
Catholic Conference Championships	Outdoor	5/27/2007	Sun	4 x 400 Meter			51.20		
Non Public A State Championships	Outdoor	6/1/2007	Friday	4 x 400 Meter			51.20		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	4 x 400 Meter			51.90		
Millrose Games Trials	Indoor	1/2/2008	Wed	4 x 400 Meter			51.70		PR
Mountain Valley Conference	Indoor	1/5/2008	Sat	4 x 400 Meter			52.80		
Union County Relay Championship	Indoor	1/9/2008	Wed	SMR 4-2-2-8			55.60		
New Balance Games	Indoor	1/19/2008	Sat	4 x 400 Meter			50.10		
101st Millrose Games	Indoor	2/1/2008	Friday	4 x 400 Meter			53.00		
Catholic Conference Championship	Indoor	2/8/2008	Friday	4 x 400 Meter			53.00		
Non Public A State Championship	Indoor	2/16/2008	Sat	4 x 400 Meter			56.10		
King's Point Relays	Outdoor	4/5/2008	Sat	DMR 12-4-8-16			49.90		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	4 x 400 Meter			49.50		
Catholic Conference Relays	Outdoor	4/13/2008	Sun	SMR 2-2-4-8			50.70		
Union County Relay Championships	Outdoor	5/2/2008	Friday	DMR 12-4-8-16			50.20		
Union County Relay Championships	Outdoor	5/2/2008	Friday	4 x 400 Meter			49.90		
Mountain Valley Conference	Outdoor	5/5/2008	Mon	4 x 400 Meter			49.90		
Union County Championships	Outdoor	5/17/2008	Sat	4 x 400 Meter			49.70		
Non Public A State Championships	Outdoor	5/30/2008	Friday	4 x 400 Meter			50.50		
Meet of Champions	Outdoor	6/5/2008	Thurs	4 x 400 Meter			49.30		
Blue Devil Classic	Outdoor	4/18/2009	Sat	DMR 12-4-8-16			48.90		
Blue Devil Classic	Outdoor	4/18/2009	Sat	4 x 400 Meter			49.50		
Meet of Champions	Outdoor	6/6/2010	Sun	4 x 400 Meter			50.50		
<b>440 Y (Open)</b>									
Meet vs Elizabeth & Trenton	Indoor	12/20/2006	Wed	440 Yard			1:00.90		



**Boys XC / Track / Field**  
**Performance History Report for:**

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
<b>800 (Relay)</b> Seton Hall Games	Indoor	12/28/2007	Friday	4 x 800 Meter			2:14.50		