

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
55 HH (Open)									
Passarreli Relays	Indoor	12/19/2010	Sun	55 Meter HH			8.60	4	
Union County Championship	Indoor	1/22/2011	Sat	55 Meter HH			8.83	19	
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	55 Meter HH			9.70		
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	55 Meter HH			8.50	4	PR
Catholic Conference Championship	Indoor	2/6/2011	Sun	55 Meter HH			8.61	14	
Non Public A State Championship	Indoor	2/19/2011	Sat	55 Meter HH			8.71	14	
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	55 Meter HH			8.49	7	PR
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	55 Meter HH			7.80		PR
Union County Championship	Indoor	1/29/2012	Sun	55 Meter HH			8.42	9	
Ed Church Invitational	Indoor	2/9/2012	Thurs	55 Meter HH			8.24		
NJCTC Championship	Indoor	2/12/2012	Sun	55 Meter HH			8.29	11	
Non Public B State Championship	Indoor	2/17/2012	Friday	55 Meter HH			8.48		
Non Public B State Championship	Indoor	2/17/2012	Friday	55 Meter HH			8.23	5	
Meet of Champions	Indoor	2/25/2012	Sat	55 Meter HH			8.25		
Mid Winter Classic	Indoor	1/23/2013	Wed	55 Meter HH			8.39	2	
NJCTC Championship	Indoor	2/10/2013	Sun	55 Meter HH			8.28	13	
55 HH (Relay)									
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	Shuttle Hurdles 55m			8.60		
Catholic Conference Relays	Indoor	1/2/2011	Sun	Shuttle Hurdles 55m			8.00		PR
Union County Relay Championship	Indoor	1/10/2011	Mon	Shuttle Hurdles 55m			7.90		PR
Non Public State Relays	Indoor	1/15/2011	Sat	Shuttle Hurdles 55m			8.10		
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	Shuttle Hurdles 55m			7.90		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	Shuttle Hurdles 55m			7.80		PR
Union County Relay Championship	Indoor	1/6/2012	Friday	Shuttle Hurdles 55m			7.80		
Non Public State Relays	Indoor	1/15/2012	Sun	Shuttle Hurdles 55m			7.80		
New Balance Indoor Nationals	Indoor	3/11/2012	Sun	Shuttle Hurdles 55m			7.80		
NJCTC Relays	Indoor	12/30/2012	Sun	Shuttle Hurdles 55m			7.90		
110 HH (Open)									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	110 Meter HH		49 Degrees, Partly Cloudy	20.70		

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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	110 Meter HH		70 Degrees & Sunny	20.20		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	110 Meter HH			20.40		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	110 Meter HH			20.20		
Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	110 Meter HH			19.10	9	PR
Union County JV Meet	Outdoor	5/11/2010	Tues	110 Meter HH			18.80		PR
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	110 Meter HH			17.10		8.2,PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	110 Meter HH		65 and Sunny	16.10	3	PR
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	110 Meter HH			16.00		PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	110 Meter HH			15.70	3	PR
110 HH (Relay)									
Summit Relays	Outdoor	4/3/2010	Sat	Shuttle Hurdles 110m		75 Degrees, Sunny	20.30		
Summit Relays	Outdoor	4/7/2012	Sat	Shuttle Hurdles 110m			15.50		PR
NJCTC Relays	Outdoor	4/15/2012	Sun	Shuttle Hurdles 110m		75 Degrees and Sunny	15.60		
Union County Relay Championship	Outdoor	5/4/2012	Friday	Shuttle Hurdles 110m			15.60		
Union County Relays	Outdoor	5/3/2013	Friday	Shuttle Hurdles 110m		70 Sunny	15.50		Interfere
New Balance Outdoor Nationals	Outdoor	6/15/2013	Sat	Shuttle Hurdles 110m		82 / Sunny	15.50		
200 (Open)									
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	200 Meter		70 Degrees & Sunny	25.90		
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Friday	200 Meter		65 Degrees	27.20		
Union County JV Meet	Outdoor	5/11/2010	Tues	200 Meter			26.00		
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	200 Meter			25.30		
200 (Relay)									
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 200 Meter		73 Degrees	26.20		
Metuchen Frosh Soph 3	Outdoor	4/30/2010	Friday	4 x 200 Meter			26.20		
Passarreli Relays	Indoor	12/19/2010	Sun	4 x 200 Meter			26.40		
Non Public State Relays	Indoor	1/15/2011	Sat	SMR 4-2-2-8			26.40		
Metuchen Frosh/Soph 2	Outdoor	4/8/2011	Friday	SMR 4-2-2-8		45 and Rainy	24.90		
400 (Open)									
Metuchen Frosh Soph 1	Outdoor	4/9/2010	Fridav	400 Meter		65 Degrees	59.10		
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	400 Meter		Ü	55.20		25.4
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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
400 (Relay)									
Scrimmage vs St. Joe's/Mon Don/Notre	Outdoor	3/27/2010	Sat	4 x 400 Meter		49 Degrees, Partly Cloudy	1:01.30		
Summit Relays	Outdoor	4/3/2010	Sat	4 x 400 Meter		75 Degrees, Sunny	59.80		PR
NJCTC Spring Relays	Outdoor	4/11/2010	Sun	4 x 400 Meter		73 Degrees	58.90		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	4 x 400 Meter			1:00.00		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	4 x 400 Meter			58.60		26.7
Catholic Conference Relays	Indoor	1/2/2011	Sun	4 x 400 Meter			55.90		26.3,PR
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	4 x 400 Meter			56.80		26.5
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	4 x 400 Meter			57.20		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 400 Meter			55.80		26.8
NJCTC Championship	Indoor	2/12/2012	Sun	4 x 400 Meter			58.10		27.2
400 IH (Open)									
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	400 Meter IH		70 Degrees & Sunny	1:08.00		
Meet vs Arthur L Johnson	Outdoor	4/13/2010	Tues	400 Meter IH			1:06.30		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	400 Meter IH			1:07.50		
Union County JV Meet	Outdoor	5/11/2010	Tues	400 Meter IH			1:05.30	2	PR
400 IH (Relay)									
Summit Relays	Outdoor	4/7/2012	Sat	3 x 400 IH			1:02.49	22	
600 (Open)									
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	600 Meter			1:36.54	36	
800 (Open)									
Armory Frosh/Novice Meet	Indoor	1/24/2011	Mon	800 Meter			2:11.90	3	63
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	800 Meter			2:14.80		64.2
800 (Relay)									
Catholic Conference Championship	Indoor	2/6/2011	Sun	4 x 800 Meter			2:18.40		67
Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 800 Meter			2:22.70		65
2.5 miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2011	Sun	2.5 Mile			16:42.97	117	

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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
3.2 miles									
UC vs Summit GL and Hillside	Conant Park in Hillside	9/20/2011	Tues	3.2 Mile		70 / Overcast / Poor	20:43.00		
5000									
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	20:57.75	35	
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	5K			23:06.00	77	
5150									
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues	5150 Meters		80 Degrees / Sunny	21:10.00		
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			21:05.00		PR
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	20:03.00		PR
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	5150 Meters			21:11.00	92	
Union County Championship	Warinanco Park	10/26/2011	Wed	5150 Meters			19:34.00	41	PR
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	24:24.00	198	
5250									
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	5250 Meters			20:41.30	139	
High Jump									
Passarreli Relays	Indoor	12/19/2010	Sun	High Jump			5' 03.00"		
Catholic Conference Relays	Indoor	1/2/2011	Sun	High Jump			5' 03.00"		
Union County Relay Championship	Indoor	1/8/2011	Sat	High Jump			5' 06.00"	10	PR
Non Public State Relays	Indoor	1/15/2011	Sat	High Jump			5' 04.00"	10	
Union County Championship	Indoor	1/22/2011	Sat	High Jump					No
NJCTC Frosh/Soph Championships	Indoor	1/29/2011	Sat	High Jump			5' 02.00"	3	
Catholic Conference Championship	Indoor	2/6/2011	Sun	High Jump			5' 02.00"	14	
Non Public A State Championship	Indoor	2/19/2011	Sat	High Jump			5' 04.00"	14	
Summit Relays	Outdoor	4/2/2011	Sat	High Jump		52 and Partly Sunny	5' 03.00"	15	
Meet vs Summit	Outdoor	4/5/2011	Tues	High Jump		42 Degrees	5' 04.00"		
NJCTC Relays	Outdoor	4/10/2011	Sun	High Jump		58, Partly Cloudy	5' 02.00"	12	
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	High Jump		70, Sunny	5' 08.00"		PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	High Jump		High 40's and Rainy	5' 04.00"		
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	High Jump		75, Sunny	5' 04.00"		
Randolph Relays	Outdoor	4/30/2011	Sat	High Jump			5' 06.00"	6	

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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Union County Relay Championship	Outdoor	5/6/2011	Friday	High Jump		65, Sunny	5' 06.00"	8	
UCC Divisional Championship	Outdoor	5/14/2011	Sat	High Jump			5' 10.00"	6	PR
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	High Jump			5' 11.00"	1	PR
Union County Championship	Outdoor	5/20/2011	Friday	High Jump		68, Cloudy	5' 06.00"	8	
Carl Lewis Relays	Outdoor	5/23/2011	Mon	High Jump			5' 08.00"	12	
Non Public A North State Sectionals	Outdoor	5/28/2011	Sat	High Jump			5' 10.00"	5	
Non Public A State Championship	Outdoor	6/4/2011	Sat	High Jump			5' 08.00"	13	
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	High Jump			5' 04.00"	10	
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	High Jump			5' 10.00"	6	
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	High Jump			5' 08.00"		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	High Jump			5' 08.00"		
Union County Relay Championship	Indoor	1/6/2012	Friday	High Jump			5' 08.00"	4	
Non Public State Relays	Indoor	1/15/2012	Sun	High Jump			5' 10.00"	4	
Union County Championship	Indoor	1/21/2012	Sat	High Jump			6' 00.00"	4	PR
NJCTC Championship	Indoor	2/12/2012	Sun	High Jump			6' 00.00"	5	
Non Public B State Championship	Indoor	2/17/2012	Friday	High Jump			5' 10.00"	2	
Meet of Champions	Indoor	2/25/2012	Sat	High Jump			0' 00.00"		No
Summit Relays	Outdoor	4/7/2012	Sat	High Jump			5' 08.00"	2	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	High Jump		58 and Sunny	5' 10.00"	1	
NJCTC Relays	Outdoor	4/15/2012	Sun	High Jump		75 Degrees and Sunny	5' 06.00"		
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	High Jump		65 and Sunny	5' 08.00"		
Union County Relay Championship	Outdoor	5/3/2012	Thurs	High Jump			6' 00.00"	3	
Union County Conference Championship	Outdoor	5/12/2012	Sat	High Jump			5' 08.00"	6	Injured
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	High Jump			5' 08.00"	13	
NJCTC Relays	Indoor	12/30/2012	Sun	High Jump			5' 08.00"	6	
Union County Relay Championship	Indoor	1/5/2013	Sat	High Jump			5' 10.00"		
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	High Jump			5' 10.00"	2	
Union County Championship	Indoor	1/20/2013	Sun	High Jump			5' 10.00"	6	
Varsity Classic	Indoor	2/4/2013	Mon	High Jump			5' 10.00"		
NJCTC Championship	Indoor	2/10/2013	Sun	High Jump			6' 00.00"	4	
Non Public B State Championship	Indoor	2/15/2013	Friday	High Jump			5' 10.00"	2	

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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Meet of Champions	Indoor	2/23/2013	Sat	High Jump			0' 00.00"		No
Meet vs Arthur L. Johnson and Rosel	le Outdoor	4/2/2013	Tues	High Jump			5' 06.00"		
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	High Jump		70 Degrees	6' 01.00"		PR
Blue Devil Classic	Outdoor	4/20/2013	Sat	High Jump		58 Sun/Clouds	5' 08.00"	9	
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	High Jump			6' 00.00"		
Union County Relays	Outdoor	5/2/2013	Thurs	High Jump		70 Sunny	6' 02.00"	1	PR
Union County Championship	Outdoor	5/16/2013	Thurs	High Jump		82 / Sunny	6' 02.00"	3	
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	High Jump			5' 08.00"	4	
Non Public A State Championship	Outdoor	5/31/2013	Friday	High Jump		91 Degrees	6' 00.00"	6	
Meet of Champions	Outdoor	6/5/2013	Wed	High Jump		75 / Sunny			
Long Jump									
Scrimmage vs St. Joe's/Mon Don/No	tre Outdoor	3/27/2010	Sat	Long Jump		49 Degrees, Partly Cloudy	15' 09.00"		
Meet vs Summit and Cranford	Outdoor	4/6/2010	Tues	Long Jump		70 Degrees & Sunny	15' 00.25"		
Meet vs Roselle Catholic and Roselle	Outdoor	4/20/2010	Tues	Long Jump			14' 00.00"		
Marine Corps Holiday Classic	Indoor	12/27/2010	Mon	Long Jump			18' 07.50"		PR
NJCTC Relays	Outdoor	4/10/2011	Sun	Long Jump		58, Partly Cloudy	17' 05.00"	16	
Catholic Conference Relays	Indoor	12/29/2011	Thurs	Long Jump			18' 11.00"		
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	Long Jump			18' 00.00"		
NJCTC Relays	Outdoor	4/15/2012	Sun	Long Jump		75 Degrees and Sunny	20' 01.50"	4	PR
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	Long Jump			18' 00.25"		
Meet vs Arthur L. Johnson and Rosel	le Outdoor	4/2/2013	Tues	Long Jump			18' 08.00"		
The Metuchen Relays	Outdoor	4/6/2013	Sat	Long Jump		Low 50's, Fairly Windy	16' 08.75"	27	
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	Long Jump		70 Degrees	20' 02.50"		PR
Blue Devil Classic	Outdoor	4/20/2013	Sat	Long Jump		58 Sun/Clouds	19' 00.50"	14	
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	Long Jump			20' 00.00"	1	
Union County Relays	Outdoor	5/2/2013	Thurs	Long Jump		70 Sunny	20' 05.75"	6	PR
Triple Jump									
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	Triple Jump			38' 02.00"	2	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	Triple Jump		58 and Sunny	38' 07.25"		PR
NJCTC Relays	Outdoor	4/15/2012	Sun	Triple Jump		75 Degrees and Sunny	39' 00.50"	7	PR
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	Triple Jump		65 and Sunny	0' 00.00"		

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