



Boys XC / Track / Field

Performance History Report for:

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Open)									
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	100 Meter Dash		58 and Sunny	12.70		
100 (Relay)									
Summit Relays	Outdoor	4/2/2011	Sat	SMR 2-2-4-8		52 and Partly Sunny	12.60		
400 (Relay)									
Summit Relays	Outdoor	4/2/2011	Sat	4 x 400 Meter		52 and Partly Sunny	57.40		
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 400 Meter		58, Partly Cloudy	57.30		27,PR
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	4 x 400 Meter		70, Sunny	56.80		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	4 x 400 Meter		75, Sunny	56.80		
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	4 x 400 Meter			57.40		
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	4 x 400 Meter			56.50		27.6
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 400 Meter			57.80		27.6
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	4 x 400 Meter			56.50		26.2
Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 400 Meter			59.20		
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	4 x 400 Meter			58.90		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	4 x 400 Meter		52, Sunny, Windy	56.60		PR
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 400 Meter		75 Degrees and Sunny	56.30		PR
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	4 x 400 Meter		78, Sunny	58.80		
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 400 Meter			55.90		37.1
Non Public B State Relay Championship	Indoor	1/12/2013	Sat	4 x 400 Meter			57.60		27.2
Mid Winter Classic	Indoor	1/23/2013	Wed	4 x 400 Meter			58.20		27.9
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	4 x 400 Meter			57.90		
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	4 x 400 Meter		70 Degrees	54.50		PR
NJCTC Relays	Outdoor	4/14/2013	Sun	DMR 12-4-8-16		60 Degrees, Sunny, Light	55.80		
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	4 x 400 Meter		70 Degrees	55.40		
Union County Conference Championship	Outdoor	5/11/2013	Sat	4 x 400 Meter		72 Degrees	55.00		
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	4 x 400 Meter					Drop-
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	4 x 400 Meter		58 / Sunny	56.80		
Metuchen Relays	Outdoor	4/5/2014	Sat	4 x 400 Meter		58 / Windy!	56.10		



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600 (Open)									
NJCTC Championship	Indoor	2/12/2012	Sun	600 Meter			1:34.45	34	61.3
800 (Open)									
Meet vs Summit	Outdoor	4/5/2011	Tues	800 Meter		42 Degrees	2:21.20		67
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	800 Meter		70, Sunny	2:12.30		PR
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	800 Meter		75, Sunny	2:17.40		
NJCTC Frosh Soph Championship	Outdoor	5/15/2011	Sun	800 Meter			2:12.00	4	PR
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	800 Meter			2:14.80		1:06
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	800 Meter			2:11.80	7	32.5
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	800 Meter			2:10.00	2	64 66,
Ed Church Invitational	Indoor	2/9/2012	Thurs	800 Meter			2:16.40		67 69
Scrimmage vs St. Joe's	Outdoor	3/24/2012	Sat	800 Meter			2:08.20	2	61,PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	800 Meter		52, Sunny, Windy	2:10.40	3	
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	800 Meter		58 and Sunny	2:10.10		66
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	800 Meter		65 and Sunny	2:11.40		
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	800 Meter			2:07.90	1	PR
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	800 Meter		78, Sunny	2:14.90		
Mid Winter Classic	Indoor	1/23/2013	Wed	800 Meter			2:10.00	1	64.5
Varsity Classic	Indoor	2/4/2013	Mon	800 Meter			2:09.40		64.0,PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2013	Tues	800 Meter			2:14.00		1:03.8
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	800 Meter		70 Degrees	2:07.80		63.9,PR
Intra Squad Scrimmage 1	Outdoor	3/28/2014	Friday	800 Meter			2:08.30	1	
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/1/2014	Tues	800 Meter		58 / Sunny	2:08.40		62
Meet vs Summit and Rahway	Outdoor	4/8/2014	Tues	800 Meter		58 / Sunny	2:10.20	1	65
Union County Championship	Outdoor	5/16/2014	Friday	800 Meter			2:06.46	21	PR
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	800 Meter		68 Degrees	2:04.21	13	PR
800 (Relay)									
Summit Relays	Outdoor	4/2/2011	Sat	DMR 12-4-8-16		52 and Partly Sunny	2:17.30		65
NJCTC Relays	Outdoor	4/10/2011	Sun	4 x 800 Meter		58, Partly Cloudy	2:10.90		62,PR
Blue Devil Relays	Outdoor	4/16/2011	Sat	DMR 12-4-8-16		High 40's and Rainy	2:19.30		



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Blue Devil Relays	Outdoor	4/16/2011	Sat	4 x 800 Meter		High 40's and Rainy	2:16.90		65
Randolph Relays	Outdoor	4/30/2011	Sat	4 x 800 Meter			2:16.20		
Marine Corp Holiday Classic	Indoor	12/29/2011	Thurs	4 x 800 Meter			2:14.90		32, 34,
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 800 Meter			2:10.80		32,32.8,
Union County Relay Championship	Indoor	1/6/2012	Friday	4 x 800 Meter			2:12.40		65.2
Non Public State Relays	Indoor	1/15/2012	Sun	4 x 800 Meter			2:11.10		61.1 70
Summit Relays	Outdoor	4/7/2012	Sat	4 x 800 Meter			2:11.60		61.4
Summit Relays	Outdoor	4/7/2012	Sat	DMR 12-4-8-16			2:13.30		65
Blue Devil Classic	Outdoor	4/21/2012	Sat	SMR 4-2-2-8		69 and Sunny	2:08.80		PR
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	4 x 800 Meter			2:12.20		1:04.3
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 800 Meter			2:10.20		64 34
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 8-2-4-1K			2:13.60		1:06.2
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 800 Meter		60 Degrees, Sunny, Light	2:11.30		64
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	4 x 800 Meter			2:03.20		PR
Non Public A State Championship	Outdoor	5/31/2013	Friday	4 x 800 Meter		91 Degrees	2:02.80		PR
Meet of Champions	Outdoor	6/5/2013	Wed	4 x 800 Meter		75 / Sunny	2:02.90		
New Balance Outdoor Nationals	Outdoor	6/14/2013	Friday	4 x 800 Meter		82 / Sunny	2:08.50		
Marine Corps Holiday Classic	Indoor	12/27/2013	Friday	DMR 12-4-8-16			2:15.40		
Metuchen Relays	Outdoor	4/5/2014	Sat	SMR 2-2-4-8		58 / Windy!	2:11.70		27.8
Blue Devil Classic	Outdoor	4/12/2014	Sat	SMR 4-2-2-8		70 / Sunny	2:08.10		
Randolph Relays	Outdoor	4/26/2014	Sat	4 x 800 Meter		72 Degrees	2:08.60		62
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	4 x 800 Meter		68 Degrees	2:05.80		
Non Public A State Championship	Outdoor	5/30/2014	Friday	4 x 800 Meter			2:02.20		PR
Meet of Champions	Outdoor	6/4/2014	Wed	4 x 800 Meter		80 & Sunny	2:10.30		
1.0 mile									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	1.0 Mile Run		50 and Windy	5:29.00	6	
1.25 miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2010	Sat	1.25 Mile		65 / Sunny	7:14.73	53	
1000 (Open)									
Jim Mitchell Invitational	Indoor	12/16/2011	Friday	1000 Meter			3:02.68	39	31



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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
NJCTC Championship	Indoor	2/12/2012	Sun	1000 Meter			3:02.46	31	Fell,PR
Jim Mitchell Invitational	Indoor	12/14/2012	Friday	1000 Meter			2:49.25	16	66 69
NJCTC Championship	Indoor	2/10/2013	Sun	1000 Meter			2:51.00	20	
1200 (Relay)									
Blue Devil Classic	Outdoor	4/21/2012	Sat	DMR 12-4-8-16		69 and Sunny	3:25.20		2:17
Marine Corps Holiday Classic	Indoor	12/27/2012	Thurs	DMR 12-4-8-16			3:34.60		2:20
The Metuchen Relays	Outdoor	4/6/2013	Sat	DMR 12-4-8-16		Low 50's, Fairly Windy	3:25.50		2:22 63
Blue Devil Classic	Outdoor	4/20/2013	Sat	DMR 12-4-8-16		58 Sun/Clouds	3:23.20		PR
Blue Devil Classic	Outdoor	4/12/2014	Sat	DMR 12-4-8-16		70 / Sunny	3:42.50		Baton
1500 (Relay)									
NJCTC Relays	Outdoor	4/15/2012	Sun	1500 Meter		75 Degrees and Sunny	4:29.50		
1600 (Open)									
Union County Championship	Outdoor	5/20/2011	Friday	1600 Meter		68, Cloudy	5:10.30	41	
Union County Championship	Indoor	1/21/2012	Sat	1600 Meter			4:51.45	16	2:26
Non Public B State Championship	Indoor	2/17/2012	Friday	1600 Meter			4:59.17	14	
Meet vs Summit and Hillside	Outdoor	4/18/2012	Wed	1600 Meter		65 and Sunny	4:49.40	2	2:22,PR
Union County JV Meet	Outdoor	5/7/2012	Mon	1600 Meter		58 Degrees, Light Rain	4:56.80		
Union County Championship	Indoor	1/20/2013	Sun	1600 Meter			4:50.00	13	2:24.9,
Mid Winter Classic	Indoor	1/23/2013	Wed	1600 Meter			4:51.54		2:25
NJCTC Championship	Indoor	2/10/2013	Sun	1600 Meter			4:52.98	27	2.23.5
Non Public B State Championship	Indoor	2/15/2013	Friday	1600 Meter			4:48.70	9	PR
Scrimmage vs St Joe's	Outdoor	3/23/2013	Sat	1600 Meter			4:55.00		2:24
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	1600 Meter		70 Degrees	4:45.90	1	2:24,PR
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	1600 Meter		58 / Windy	4:50.00		2:27
Meet vs GL and Rahway	Outdoor	4/22/2014	Tues	1600 Meter		70 Degrees	4:50.90		
1600 (Relay)									
Metuchen Frosh/Soph 2	Outdoor	4/8/2011	Friday	4 x 1600 Meter		45 and Rainy	5:10.60		
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 1600 Meter			4:48.40		PR
Randolph Invitational	Outdoor	4/27/2013	Sat	4 x 1600 Meter		70 Degrees / Sunny	4:45.40		2:20,PR
Union County Relays	Outdoor	5/3/2013	Friday	4 x 1600 Meter		70 Sunny	4:43.70		PR



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Morris Hills Relays	Outdoor	4/19/2014	Sat	4 x 1600 Meter			4:49.70		
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 1600 Meter		70 & Sunny	4:50.60		2:15
2.1 miles									
Six Flags Wild Safari Invitational	Six Flags Great Adventure	9/25/2010	Sat			80 and Sunny	12:51.00	12	
UCC Divisional Championship	Warinanco Park	10/19/2010	Tues			58 / Partly Sunny	13:37.00	12	
Union County Championship	Warinanco Park	10/28/2010	Thurs			73 / Sunny / Windy	13:15.00	7	PR
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/18/2010	Sat	2.2 Mile			13:19.10	23	
Catholic Conference Championship	Warinanco Park	11/6/2010	Sat	2.2 Mile			13:29.99	35	
2.5 Miles									
Manhattan College Invitational	Van Cortlandt Park, NY	10/9/2011	Sun				15:40.29	87	
2655									
Randolph Invitational	Freedom Park	9/10/2010	Friday	2655 Meter Run			10:05.71	23	
3200									
Shore Coaches Invitational	Holmdel Park	10/2/2010	Sat	3200 Meter Run			12:46.00	16	
XC Time Trial Two	Union Catholic Track	11/10/2012	Sat	3200 Meter		60, Partly Sunny	11:06.00	7	
Cross Country Time Trial 1	Union Catholic Track	10/30/2013	Wed	3200 Meter		58			8:48
3200 (Open)									
Meet vs Summit and Rahway	Outdoor	4/8/2012	Sun	3200 Meter		58 and Sunny	11:26.00		5:46
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	3200 Meter			11:23.00		PR
Cross Country Time Trial	Outdoor	8/30/2012	Thurs	3200 Meter			10:58.00	5	PR
Meet vs Summit and Hillside	Outdoor	4/16/2014	Wed	3200 Meter		58 / Windy	11:05.00		
400									
Cross Country Mile Time Trial	Union Catholic Track	11/10/2010	Wed	400 Meter		50 and Windy	1:00.00	4	
5000									
UC vs Arthur L. Johnson and Hillside	Conant Park in Hillside	9/14/2010	Tues	5K		75 Degrees & Sunny	20:58.00		
UC vs Summit GL and Hillside	Memorial Park, Summit, NJ	9/21/2010	Tues	5K		70 and Sunny	19:46.00		
Randolph Invitational	Freedom Park	9/10/2011	Sat	5K		78 Degrees Muddy	19:02.36	5	
Wave Mania	Sanfordville School in Warwick, NY	9/24/2011	Sat	5K			19:50.00	71	



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Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	5K			19:05.00	83	
Non Public B State Championship	Holmdel Park	11/12/2011	Sat	5K		50 Degrees / Windy	19:26.01	79	
Meet of Champions	Holmdel Park	11/19/2011	Sat	5K		45 / A little Wind	19:41.44	176	
Randolph Invitational	Freedom Park	9/7/2012	Friday	5K			18:49.22	27	PR
UC vs ALJ and Rahway	Rahway Park	9/11/2012	Tues	5K		75 Degrees and Sunny	18:45.00		
Paul Short Run	Lehigh University	9/28/2012	Friday	5K		70 Degrees, Muddy	19:13.00	214	
Shore Coaches Invitational	Holmdel Park	10/6/2012	Sat	5K		68, Sunny	19:23.00	74	
Non Public A State Championship	Holmdel Park	11/17/2012	Sat	5K			19:25.06	109	
Randolph Invitational	Freedom Park	9/7/2013	Sat	5K			18:19.64	24	PR
UC vs ALJ and Rahway	Rahway Park	9/21/2013	Sat	5K		65 Sunny	17:21.00	5	
Central Jersey Shootout	Thompson Park	9/28/2013	Sat	5K		70 / Sunny	18:13.00	19	Pack
Shore Coaches Invitational	Holmdel Park	10/5/2013	Sat	5K		76 / Sunny	18:27.00	37	PR
5150									
UC vs Cranford	Warinanco Park	9/29/2010	Wed	5150 Meters			21:29.00		
UC vs Roselle Catholic and Union	Warinanco Park	10/12/2010	Tues	5150 Meters			22:00.00		
UC vs Arthur L. Johnson and Hillside	Warinanco Park	9/13/2011	Tues	5150 Meters		80 Degrees / Sunny	20:36.00		PR
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			19:16.00		PR
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters		63 Degrees / A little soggy	18:55.00		PR
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	5150 Meters			18:37.00	24	PR
Union County Championship	Warinanco Park	10/26/2011	Wed	5150 Meters			18:38.00	48	
UC vs Rahway	Warinanco Park	10/2/2012	Tues	5150 Meters		58, Cloudy	18:59.00		
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	18:33.00	20	PR
Union County Championship	Warinanco Park	10/24/2012	Wed	5150 Meters		61 Degrees, Great	18:20.00	18	PR
UC vs Cranford, GL, Rahway	Warinanco Park	9/24/2013	Tues	5150 Meters		72 Degrees	19:12.00		
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	19:12.00	69	
5250									
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	5250 Meters			19:03.50	46	
Catholic Conference Championship	Warinanco Park	11/5/2011	Sat	5250 Meters			19:05.27	93	
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	5250 Meters		75, Sunny	20:46.60	158	
Bernie Magee Class Meet	Warinanco Park	9/20/2013	Friday	5250 Meters		75, Sunny	18:53.00	91	PR



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Long Jump									
Meet vs Cranford and Gov Livingston	Outdoor	4/26/2011	Tues	Long Jump		75, Sunny	15' 08.00"		
Triple Jump									
Meet vs Arthur L. Johnson	Outdoor	4/13/2011	Wed	Triple Jump		70, Sunny	34' 05.00"		