

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Relay)									
Summit Relays	Outdoor	4/7/2012	Sat	SMR 2-2-4-8			14.90		
200 (Open)									
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	200 Meter			31.50		
200 (Relay)									
Catholic Conference Relays	Indoor	12/29/2011	Thurs	4 x 200 Meter			31.90		
Catholic Conference Relays	Indoor	12/29/2011	Thurs	SMR 4-2-2-8			31.50		PR
Union County Relays	Indoor	1/6/2012	Friday	4 x 200 Meter			31.40		PR
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 200 Meter			30.10		
300 (Open)									
NJCTC Championship	Indoor	2/12/2012	Sun	300 Meter			52.66	57	
400 (Open)									
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	400 Meter			1:11.50	2	34 37
Union County Championship	Indoor	1/20/2013	Sun	400 Meter			1:11.45	43	32.3,PR
400 (Relay)									
NJCTC Frosh/Soph Championship	Indoor	1/28/2012	Sat	4 x 400 Meter			1:11.20		33.2
Ed Church Invitational	Indoor	2/9/2012	Thurs	4 x 400 Meter			1:12.30		
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	4 x 400 Meter		52, Sunny, Windy	1:12.40		
Summit Relays	Outdoor	4/7/2012	Sat	4 x 400 Meter			1:14.40		
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 400 Meter		75 and Sunny	1:11.60		PR
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	4 x 400 Meter			1:08.60		PR
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 400 Meter			1:11.90		
Union County Relay Championship	Indoor	1/5/2013	Sat	DMR 8-2-4-1K			1:12.40		32.9
Mid Winter Classic	Indoor	1/23/2013	Wed	4 x 400 Meter			1:12.30		
NJCTC Frosh Soph Championship	Indoor	1/26/2013	Sat	4 x 400 Meter			1:11.40		32.1
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	4 x 400 Meter		70	1:09.60		
NJCTC Relays	Outdoor	4/14/2013	Sun	4 x 400 Meter		60 Degrees, Sunny, Light	1:13.40		
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	4 x 400 Meter		70 Degrees	1:10.40		
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	4 x 400 Meter			1:08.20		PR
Union County Conference Championship	p Outdoor	5/11/2013	Sat	4 x 400 Meter		72 Degrees	1:09.50		

Page 1 of 5 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Meet vs Summit/Rahway	Outdoor	4/8/2014	Tues	4 x 400 Meter		58 / Windy	1:12.80		
600 (Open)									
NJCTC Championship	Indoor	2/12/2012	Sun	600 Meter			2:01.11	28	
NJCTC Championship	Indoor	2/10/2013	Sun	600 Meter			1:53.99	17	74,PR
Bishop Loughlin Games	Indoor	12/21/2013	Sat	600 Meter			1:56.81	128	76
NJCTC Championships	Indoor	2/9/2014	Sun	600 Meter			1:58.64	20	
800 (Open)									
Spiked Shoe Holiday Festival	Indoor	12/19/2011	Mon	800 Meter			3:06.20		1:25
Ed Church Invitational	Indoor	2/9/2012	Thurs	800 Meter			3:00.00		PR
Meet vs Arthur L. Johnson and Roselle	Outdoor	4/2/2012	Mon	800 Meter		52, Sunny, Windy	2:50.20		
Meet vs Summit and Rahway	Outdoor	4/9/2012	Mon	800 Meter		58 and Sunny	2:50.20	3	
Meet vs Summit and Hillside	Outdoor	4/21/2012	Sat	800 Meter		66 Degrees	2:52.00		
Meet vs Gov. Livingston and Rahway	Outdoor	4/24/2012	Tues	800 Meter			2:47.40	2	PR
Union County Conference Championship	Outdoor	5/12/2012	Sat	800 Meter		73, Sunny	2:50.24	15	
NJCTC Frosh/Soph Championship	Outdoor	5/20/2012	Sun	800 Meter		78, Sunny	2:45.50	5	78,PR
Mid Winter Classic	Indoor	1/23/2013	Wed	800 Meter			2:50.46	1	85,PR
NJCTC Frosh Soph Championship	Indoor	1/26/2013	Sat	800 Meter			2:45.90	5	1:21,PR
Meet vs Cranford and Summit	Outdoor	4/9/2013	Tues	800 Meter		70	2:44.00		PR
Meet vs Hillside and Summit	Outdoor	4/17/2013	Wed	800 Meter		70 Degrees	2:42.60		78,PR
Meet vs GL and Cranford	Outdoor	4/23/2013	Tues	800 Meter			2:44.80		
Union County Conference Championship	Outdoor	5/11/2013	Sat	800 Meter		72 Degrees	2:40.85	14	PR
Union County Championship	Outdoor	5/17/2013	Friday	800 Meter		82 / Sunny	2:35.98	22	74,PR
NJCTC Frosh/Soph Championship	Outdoor	5/19/2013	Sun	800 Meter			2:41.80	3	77
Non Public A North State Sectional	Outdoor	5/25/2013	Sat	800 Meter		50 / Rainy / Windy	2:44.87	13	
Meet vs Summit/Rahway	Outdoor	4/8/2014	Tues	800 Meter		58 / Windy	2:42.60		1:20
Meet vs GL/Rahway	Outdoor	4/22/2014	Tues	800 Meter			2:38.30		
Union County Conference Championship	Outdoor	5/10/2014	Sat	800 Meter		68 / Light Rain	2:35.65	9	73,PR
Non Public A South State Sectional	Outdoor	5/24/2014	Sat	800 Meter			2:34.24	15	PR
800 (Relay)									
Non Public State Relays	Indoor	1/15/2012	Sun	SMR 4-2-2-8			2:50.60		78 92

Page 2 of 5 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Armory Frosh/Novice Meet	Indoor	1/23/2012	Mon	4 x 800 Meter			2:56.40		87 89
Summit Relays	Outdoor	4/7/2012	Sat	4 x 800 Meter			2:50.20		80
NJCTC Relays	Outdoor	4/15/2012	Sun	4 x 800 Meter		75 and Sunny	2:50.90		
Blue Devil Classic	Outdoor	4/21/2012	Sat	4 x 800 Meter		,	2:44.70		
Union County Relay Championship	Outdoor	5/4/2012	Friday	4 x 800 Meter			2:40.90		PR
Marine Corps Holiday Classic	Indoor	12/27/2012	=	4 x 800 Meter			2:55.00		
NJCTC Relays	Indoor	12/30/2012	Sun	4 x 800 Meter			2:50.20		83,PR
Union County Relay Championship	Indoor	1/5/2013	Sat	4 x 800 Meter			2:46.40	,	1:18,PR
Non Public A State Relays	Indoor	1/12/2013	Sat	4 x 800 Meter			2:45.10	,	1:17,PR
Metuchen Frosh/Soph 1	Outdoor	4/5/2013	Friday	4 x 800 Meter			2:44.60		
Metuchen Frosh/Soph 2	Outdoor	4/12/2013	Friday	SMR 2-2-4-8					
NJCTC Relays	Outdoor	4/14/2013	Sun	SMR 2-2-4-8		60 Degrees, Sunny, Light	2:47.30		
Blue Devil Classic	Outdoor	4/20/2013	Sat	4 x 800 Meter			2:43.40		
Union County Relays	Outdoor	5/3/2013	Friday	4 x 800 Meter		70 Sunny	2:34.70		PR
Non Public A North State Sectional	Outdoor	5/24/2013	Friday	4 x 800 Meter		50 / Rainy / Windy	2:40.60		75
Non Public A State Championship	Outdoor	5/31/2013	Friday	4 x 800 Meter		90 Degrees	2:42.40		
NJCTC Relays	Indoor	1/5/2014	Sun	4 x 800 Meter			2:39.50		PR
Union County Relays	Indoor	1/8/2014	Wed	DMR 12-4-8-16			2:38.30		PR
Union County Relays	Indoor	1/8/2014	Wed	4 x 800 Meter			2:42.40		
Non Public A State Relay Championship	Indoor	1/19/2014	Sun	SMR 4-2-2-8			2:41.00		
Blue Devil Classic	Outdoor	4/12/2014	Sat	SMR 4-2-2-8		70 / Sunny	2:42.90		
Union County Relay Championship	Outdoor	5/1/2014	Thurs	DMR 12-4-8-16		70 / Sunny	2:38.30		
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 800 Meter		70 / Sunny	2:39.90		
Non Public A South State Sectional	Outdoor	5/23/2014	Friday	4 x 800 Meter			2:34.80		
Non Public A State Championship	Outdoor	5/30/2014	Friday	4 x 800 Meter			2:33.70		PR
1.5 mile									
Wave Mania	Sanfordville School, Warwick, NY	9/24/2011	Sat	1.5 Mile			13:15.00	87	
Cross Country Time Trial	Union Catholic Track	8/30/2012	Thurs	1.5 Mile		Hot	11:27.00		
1000 (Open)									
NJCTC Championships	Indoor	2/9/2014	Sun	1000 Meter			3:27.80	18	
r r								-	

Page 3 of 5 Report Date: 10/12/2014



	•								
Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
1600 (Open)									
Union County JV Meet	Outdoor	5/6/2013	Mon	1600 Meter			5:59.10		2:59
Union County Conference Championship	Outdoor	5/10/2013	Friday	1600 Meter		72 Degrees	6:16.40	14	
Union County Championship	Indoor	1/24/2014	Friday	1600 Meter			5:46.05	18	
Armory Frosh/Novice Meet	Indoor	1/30/2014	Thurs	1600 Meter			5:57.30		2:53
Non Public A State Championship	Indoor	2/15/2014	Sat	1600 Meter			5:52.45	21	
Union County Conference Championship	Outdoor	5/10/2014	Sat	1600 Meter		68 / Light Rain	5:50.39	7	
1600 (Relay)									
Union County Relay Championship	Outdoor	5/2/2014	Friday	4 x 1600 Meter		70 / Sunny	5:56.10		
2.1 miles									
UCC Divisional Championship	Warinanco Park	10/18/2011	Tues	2.1 Miles			17:00.00	20	
Union County Championship	Warinanco Park	10/26/2011	Wed	2.1 Miles		62 / Sunny / Ideal	16:46.00	14	PR
2.2 miles									
Bernie Magee Class Meet	Warinanco Park	9/17/2011	Sat	2.2 Mile			16:44.20	54	
2655									
Randolph Invitational	Freedom Park	9/10/2011	Sat	2655 Meters		78 Degrees / Muddy	13:19.91	48	
3.2 miles						-			
UC vs Summit GL and Hillside	Conant Park in Hillside	9/20/2011	Tues	3.2 Mile		70 / Overcast / Poor	26:58.00		
3200									
Shore Coaches Invitational	Holmdel Park	10/1/2011	Sat	3200 Meter Run			16:31.00	50	
3200 (Open)				0_000to tu					
Union County Championship	Outdoor	5/16/2014	Friday	3200 Meter			13:32.85	15	
5000	Cutadoi	3/10/2014	Tilday	3200 Weter			13.32.03	10	
UC vs Arthur L. Johnson and Hillside	Warinanco Park	0/12/2011	Tues	EV		90 Dograda / Cunny	26:45.00		
		9/13/2011 9/11/2012	Tues	5K		80 Degrees / Sunny	26:45.00 24:10.00		
JC vs ALJ and Rahway JC vs Summit	Rahway Park Rahway Park	9/11/2012	Tues Mon	5K 5K		75 Degrees, Sunny 70 Degrees	23:45.00		PR
Paul Short Run	Lehigh University	9/28/2012	Friday			70 Degrees, Muddy	24:07.00		FK
Shore Coaches Invitational	Holmdel Park	10/6/2012	Sat	5K 5K		70 Degrees, Muddy	26:15.00		
Non Public A State Championship	Holmdel Park	11/17/2012	Sat	5K			24:04.66		

Page 4 of 5 Report Date: 10/12/2014



Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Randolph Invitational	Freedom Park	9/7/2013	Sat	5K		68 / Calm	23:43.55	32	
UC vs ALJ and Rahway	Rahway Park	9/17/2013	Tues	5K		65 & Sunny	22:14.00		PR
Central Jersey Shootout	Thompson Park	9/28/2013	Sat	5K		70 / Sunny	22:18.00	13	
UC vs Summit	Memorial Park	10/1/2013	Tues	5K		70 Degrees	22:37.00		
Shore Coaches Invitational	Holmdel Park	10/5/2013	Sat	5K		77 / Sunny	22:27.00	39	PR
Greystone Invitational	Central Park, Parsippany	10/11/2013	Friday	5K		65	21:57.10	10	
Non Public A State Championship	Holmdel Park	11/16/2013	Sat	5K			22:45.83	48	
Randolph Invitational	Freedom Park	9/6/2014	Sat	5K		Hot/Humid	22:18.34	20	PR
Shore Coaches Invitational	Holmdel Park	10/4/2014	Sat	5K		63 / Heavy Rain	23:02.62	72	
5150									
UC vs Cranford	Warinanco Park	9/27/2011	Tues	5150 Meters			29:10.00		
UC vs Rahway	Warinanco Park	10/4/2011	Tues	5150 Meters			27:03.00		PR
UC vs Rahway	Warinanco Park	10/2/2012	Tues	5150 Meters		58, Cloudy	24:30.00		PR
UCC Divisional Championship	Warinanco Park	10/16/2012	Tues	5150 Meters		62 Degrees, Sunny	23:30.00	30	PR
Union County Championship	Warinanco Park	10/24/2012	Wed	5150 Meters		61 / Ideal Conditions	22:58.00	58	PR
UC vs Cranford GL and Rahway	Rahway Park	9/24/2013	Tues	5150 Meters			23:18.00		
UCC Divisional Championship	Warinanco Park	10/15/2013	Tues	5150 Meters		68 Degrees	22:27.99	24	PR
Union County Championship	Warinanco Park	10/23/2013	Wed	5150 Meters		58 / Ideal Conditions	21:41.00	40	PR
5250									
Bernie Magee Class Meet	Warinanco Park	9/22/2012	Sat	5250 Meters		75 Degrees	24:25.80	85	
Bernie Magee Class Meet	Warinanco Park	9/20/2013	Friday	5250 Meters		75 Degrees	23:44.00	70	PR
Catholic Conference Championship	Warinanco Park	11/9/2013	Sat	5250 Meters			22:09.00	38	PR

Page 5 of 5 Report Date: 10/12/2014