

Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
100 (Open)									
North Plainfield	Outdoor	4/5/2005	Tues	100 Meter Dash			15.40		
100 (Relay)									
Herm Johnson Relays	Outdoor	4/9/2005	Sat	4 x 100 Meter					
200 (Open)									
Meet vs Roselle Catholic High School &	Outdoor	4/26/2005	Tues	200 Meter			29.90		
Mountain Valley Conference Novice Mee	t Outdoor	5/16/2005	Mon	200 Meter			28.80	6	
NJCTC Frosh/Soph Championships	Outdoor	5/22/2005	Sun	200 Meter					
Meet vs Roselle Catholic and Mount St.	Outdoor	4/25/2006	Tues	200 Meter			29.80		
Metuchen Frosh/Soph #3	Outdoor	5/12/2006	Friday	200 Meter			28.80		
NJCTC Frosh/Soph Championships	Outdoor	5/21/2006	Sun	200 Meter			30.50		
Catholic Conference Championship	Indoor	2/8/2008	Friday	200 Meter			31.50		
200 (Relay)									
Herm Johnson Relays	Outdoor	4/9/2005	Sat	4 x 200 Meter			28.21		
Metuchen Frosh Soph 2	Outdoor	4/15/2005	Friday	SMR 2-2-4-8			29.91		
Blue Devil Classic	Outdoor	4/16/2005	Sat	SMR 4-2-2-8			29.34		
NJCTC Relays	Outdoor	4/24/2005	Sun	4 x 200 Meter			31.00		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	4 x 200 Meter			28.20		
Tony Passarelli Relays	Indoor	12/17/2006	Sun	4 x 200 Meter			30.20		
New Balance Games	Indoor	1/20/2007	Sat	SMR 4-2-2-8			30.10		
Catholic Conference Relays	Indoor	1/6/2008	Sun	4 x 200 Meter			31.60		
400 (Open)									
North Plainfield	Outdoor	4/5/2005	Tues	400 Meter			1:09.60		
Meet vs Roselle Catholic High School &	Outdoor	4/19/2005	Tues	400 Meter			1:09.60		
NJCTC Frosh/Soph Championships	Outdoor	5/22/2005	Sun	400 Meter			1:08.70		
Meet vs Bishop Ahr	Outdoor	3/24/2006	Friday	400 Meter			1:09.30	2	
Meet vs Governor Livingston	Outdoor	4/11/2006	Tues	400 Meter			1:08.30		
Meet vs Roselle Catholic and Newark	Outdoor	4/19/2006	Wed	400 Meter			1:09.80		
Meet vs Roselle Catholic and Mount St.	Outdoor	4/25/2006	Tues	400 Meter			1:06.10		
NJCTC Frosh/Soph Championships	Outdoor	5/21/2006	Sun	400 Meter			1:07.90	6	

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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Meet vs Roselle Catholic High School	Outdoor	4/3/2007	Tues	400 Meter			1:07.80	2	
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	400 Meter			1:08.50		
400 (Relay)									
Mountain Valley Conference Novice Mee	et Outdoor	5/16/2005	Mon	4 x 400 Meter			1:07.92		
Blue Devil Classic	Outdoor	4/15/2006	Sat	4 x 400 Meter			1:06.10		
Meet vs Roselle Catholic and Newark	Outdoor	4/19/2006	Wed	4 x 400 Meter			1:09.90		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	DMR 12-4-8-16			1:06.20		
Union County Relay Championships	Outdoor	5/6/2006	Sat	DMR 12-4-8-16			1:07.00		
Metuchen Frosh/Soph #3	Outdoor	5/12/2006	Friday	4 x 400 Meter			1:04.70		
Catholic Conference Championships	Outdoor	5/28/2006	Sun	4 x 400 Meter			1:05.80		
NJCTC Varsity Championships	Indoor	1/27/2007	Sat	4 x 400 Meter					
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	DMR 12-4-8-16			1:14.90		
400 IH (Relay)									
Union County Relay Championships	Outdoor	5/6/2006	Sat	3 x 400 IH			1:07.00		
High Jump									
Catholic Conference Championships	Outdoor	5/23/2004	Sun	High Jump			4' 08.00"	10	
North Plainfield	Outdoor	4/5/2005	Tues	High Jump			4' 06.00"		
Blue Devil Classic	Outdoor	4/16/2005	Sat	High Jump			4' 10.00"		
Meet vs Roselle Catholic High School &	Outdoor	4/19/2005	Tues	High Jump			4' 08.00"	2	
NJCTC Relays	Outdoor	4/24/2005	Sun	High Jump			4' 06.00"		
Meet vs Roselle Catholic High School &	Outdoor	4/26/2005	Tues	High Jump			4' 06.00"	3	
Mountain Valley Conference Relay	Outdoor	5/3/2005	Tues	High Jump			4' 06.00"		
Union County Relay Championships	Outdoor	5/7/2005	Sat	High Jump			4' 08.00"		
Mountain Valley Conference	Outdoor	5/10/2005	Tues	High Jump			4' 10.00"	3	
Union County Championships	Outdoor	5/21/2005	Sat	High Jump			4' 08.00"		
NJCTC Frosh/Soph Championships	Outdoor	5/22/2005	Sun	High Jump			4' 08.00"	1	
Catholic Conference Championships	Outdoor	5/29/2005	Sun	High Jump			NH'		
Non Public A State Championships	Outdoor	6/3/2005	Friday	High Jump			4' 08.00"	11	
Meet vs North Plainfield	Outdoor	4/4/2006	Tues	High Jump			4' 04.00"	2	
Meet vs Governor Livingston	Outdoor	4/11/2006	Tues	High Jump			4' 08.00"	2	

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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Blue Devil Classic	Outdoor	4/15/2006	Sat	High Jump	Juit IIIII	TTOULING	4' 08.00"	1 1400	
Meet vs Roselle Catholic and Newark	Outdoor	4/19/2006	Wed	High Jump			4 00.00		
Hillsborough Raider Relays	Outdoor	4/22/2006	Sat	High Jump			4' 06.00"		
Mountain Valley Conference Relay	Outdoor	5/3/2006	Wed	High Jump			4' 10.00"		
Union County Relay Championships	Outdoor	5/6/2006	Sat	High Jump			4' 10.00"		
Mountain Valley Conference	Outdoor	5/9/2006	Tues	High Jump			4' 10.00"	3	
NJCTC Frosh/Soph Championships	Outdoor	5/21/2006	Sun	High Jump			4' 08.00"	1	
Catholic Conference Championships	Outdoor	5/28/2006	Sun	High Jump			4' 08.00"	7	
Non Public A State Championships	Outdoor	6/1/2006	Thurs	High Jump			4' 08.00"	8	
Tony Passarelli Relays	Indoor	12/17/2006	Sun	High Jump			4' 08.00"		
Marine Corps Holiday Classic	Indoor	12/27/2006	Wed	High Jump			4' 10.00"		
Mountain Valley Conference	Indoor	1/6/2007	Sat	High Jump			4' 10.00"	3	
Union County Relays	Indoor	1/8/2007	Mon	High Jump			4' 06.00"		
Group 1 State Relays	Indoor	1/12/2007	Friday	High Jump			4' 08.00"		
New Balance Games	Indoor	1/20/2007	Sat	High Jump			4' 10.00"		
NJCTC Varsity Championships	Indoor	1/27/2007	Sat	High Jump			4' 08.00"	5	
Union County Individuals	Indoor	2/7/2007	Wed	High Jump			4' 10.00"	4	
Group 1 State Championship	Indoor	2/15/2007	Thurs	High Jump			5' 00.00"	7	
The National Hall of Fame Classic	Indoor	2/17/2007	Sat	High Jump			5' 00.00"		
Winter Track Meet of Champions	Indoor	2/25/2007	Sun	High Jump			0' 00.00"		
Eastern States Invitational	Indoor	2/27/2007	Tues	High Jump			5' 00.00"	7	
Summit Relays	Outdoor	4/7/2007	Sat	High Jump			4' 06.00"		
Meet vs Cranford and Hillside	Outdoor	4/17/2007	Tues	High Jump			4' 10.00"	3	
Blue Devil Classic	Outdoor	4/21/2007	Sat	High Jump			4' 10.00"		
Mountain Valley Conference Relay	Outdoor	5/1/2007	Tues	High Jump			4' 10.00"		
Union County Relay Championships	Outdoor	5/3/2007	Thurs	High Jump			4' 10.00"		
Mountain Valley Conference	Outdoor	5/8/2007	Tues	High Jump			4' 10.00"	3	
Union County Championships	Outdoor	5/19/2007	Sat	High Jump			5' 00.00"	4	
Union County Championships	Outdoor	5/20/2007	Sun	High Jump			4' 08.00"	6	
East Cost Relays	Outdoor	5/21/2007	Mon	High Jump			4' 08.00"		
Catholic Conference Championships	Outdoor	5/27/2007	Sun	High Jump			5' 02.00"	2	

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Meet	Location	Date	Day	Event	Start Time	Weather	Result	Place	Note
Non Public A State Championships	Outdoor	6/1/2007	Friday	High Jump			4' 10.00"	6	
Meet of Champions	Outdoor	6/6/2007	Wed	High Jump			NH'		
Season Opener	Indoor	12/23/2007	Sun	High Jump			4' 09.00"		
Marine Corps Holiday Classic	Indoor	12/27/2007	Thurs	High Jump			4' 10.00"		
Mountain Valley Conference	Indoor	1/5/2008	Sat	High Jump			4' 09.00"	2	
Catholic Conference Relays	Indoor	1/6/2008	Sun	High Jump			4' 10.00"		
Union County Relays	Indoor	1/7/2008	Mon	High Jump			4' 10.00"		
Non Public State Relays	Indoor	1/11/2008	Friday	High Jump			4' 06.00"		
New Balance Games	Indoor	1/19/2008	Sat	High Jump			5' 00.00"		
Union County Individuals	Indoor	1/28/2008	Mon	High Jump			5' 00.00"	1	
Catholic Conference Championship	Indoor	2/8/2008	Friday	High Jump			4' 08.00"	5	
Non Public A State Championships	Indoor	2/16/2008	Sat	High Jump			5' 02.00"	1	
Winter Track Meet of Champions	Indoor	2/23/2008	Sat	High Jump			0' 00.00"		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	High Jump			5' 00.00"	2	
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	High Jump			5' 00.00"	1	
Mountain Valley Conference Relay	Outdoor	4/13/2008	Sun	High Jump			4' 10.00"		
Meet vs Cranford and Hillside	Outdoor	4/15/2008	Tues	High Jump			4' 10.00"	1	
Blue Devil Classic	Outdoor	4/19/2008	Sat	High Jump			0' 00.00"		
Mountain Valley Conference Relay	Outdoor	4/29/2008	Tues	High Jump			5' 02.00"		PR
Mountain Valley Conference	Outdoor	5/6/2008	Tues	High Jump			5' 00.00"	1	
Union County Championships	Outdoor	5/17/2008	Sat	High Jump			5' 00.00"	2	
Catholic Conference Championships	Outdoor	5/25/2008	Sun	High Jump			4' 08.00"	10	
Mountain Valley Conference	Outdoor	5/6/2009	Wed	High Jump			5' 00.00"	1	
Union County Championships	Outdoor	5/17/2009	Sun	High Jump			5' 00.00"	2	
Long Jump									
North Plainfield	Outdoor	4/5/2005	Tues	Long Jump			10' 11.00"		
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	Long Jump					
Triple Jump									
Meet vs Arthur L Johnson	Outdoor	4/1/2008	Tues	Triple Jump					
Meet vs Governor Livingston and	Outdoor	4/10/2008	Thurs	·					
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