

| Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
|-------------------------------------|----------|------------|--------|----------------|------------|------------|--------|-------|-------|
| 55 (Open) | | | | | | | | | |
| Mountain Valley Conference | Indoor | 1/5/2008 | Sat | 55 Meter | | | 8.08 | | |
| NJCTC Frosh/Soph Championships | Indoor | 1/27/2008 | Sun | 55 Meter Dash | | | 7.70 | | |
| Merli Invitational | Indoor | 12/30/2009 | Wed | 55 Meter | | | 7.85 | 6 | Final |
| Union County Championship | Indoor | 1/23/2010 | Sat | 55 Meter | | | 7.70 | 8 | PR |
| Catholic Conference Championship | Indoor | 2/7/2010 | Sun | 55 Meter | | | 7.67 | 5 | PR |
| Non Public A State Championship | Indoor | 2/19/2010 | Friday | 55 Meter | | | 7.66 | 6 | PR |
| Union County Championship | Indoor | 1/22/2011 | Sat | 55 Meter | | | 7.58 | 3 | PR |
| Catholic Conference Championship | Indoor | 2/6/2011 | Sun | 55 Meter | | | 7.63 | 3 | |
| Catholic Conference Championship | Indoor | 2/6/2011 | Sun | 55 Meter | | | 7.60 | 4 | |
| Non Public A State Championship | Indoor | 2/19/2011 | Sat | 55 Meter | | | 7.37 | 4 | PR |
| Non Public A State Championship | Indoor | 2/19/2011 | Sat | 55 Meter | | | 7.61 | 7 | |
| Meet of Champions | Indoor | 2/26/2011 | Sat | 55 Meter | | | 7.54 | | |
| 100 (Open) | | | | | | | | | |
| Meet vs Arthur L Johnson | Outdoor | 4/1/2008 | Tues | 100 Meter Dash | | | 13.40 | 3 | |
| Meet vs Arthur L Johnson | Outdoor | 4/2/2009 | Thurs | 100 Meter Dash | | | 13.60 | 3 | |
| Meet vs Cranford and Hillside | Outdoor | 4/16/2009 | Thurs | 100 Meter Dash | | | 13.00 | 1 | |
| Mountain Valley Conference | Outdoor | 5/5/2009 | Tues | 100 Meter Dash | | | 12.70 | 5 | 2pts |
| Catholic Conference Championships | Outdoor | 5/25/2009 | Mon | 100 Meter Dash | | | 13.05 | 5 | |
| Meet vs Arthur L Johnson | Outdoor | 4/13/2010 | Tues | 100 Meter Dash | | | 13.00 | 1 | |
| UCC Divisional Championship | Outdoor | 5/5/2010 | Wed | 100 Meter Dash | | | 12.70 | 3 | |
| Meet vs Summit | Outdoor | 4/5/2011 | Tues | 100 Meter Dash | | | 12.20 | 1 | PR |
| Meet vs Cranford and Gov Livingston | Outdoor | 4/26/2011 | Tues | 100 Meter Dash | | 75, Sunny | 12.90 | 1 | |
| UCC Divisional Championship | Outdoor | 5/13/2011 | Friday | 100 Meter Dash | | | 12.72 | 2 | |
| UCC Divisional Championship | Outdoor | 5/13/2011 | Friday | 100 Meter Dash | | | 12.70 | 3 | |
| Union County Championship | Outdoor | 5/20/2011 | Friday | 100 Meter Dash | | 68, Cloudy | 12.84 | 5 | |
| Union County Championship | Outdoor | 5/20/2011 | Friday | 100 Meter Dash | | 68, Cloudy | 12.74 | 2 | |
| Non Public A State Sectionals | Outdoor | 5/27/2011 | Friday | 100 Meter Dash | | 88 / Sunny | 12.80 | 5 | |
| Non Public A State Championship | Outdoor | 6/3/2011 | Friday | 100 Meter Dash | | | 12.94 | 6 | |
| Non Public A State Championship | Outdoor | 6/3/2011 | Friday | 100 Meter Dash | | | 13.09 | 8 | |

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| Montain Valley Conference Relay Outdoor Outdoor Afrigoral Afrigoral Afrigoral Outdoor Afrigoral Afrigoral Outdoor Afrigoral Afrigoral Outdoor Afrigo | Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
|--|----------------------------------|----------|------------|--------|---------------|------------|----------------------|--------|-------|------|
| Union County Relay Championships Outdoor 512/2008 Friday 4 x 100 Meter Colts Neck Relays Outdoor 4/11/2009 Friday 4 x 100 Meter The Penn Relays Outdoor 4/21/2009 Friday 4 x 100 Meter Union County Relay Championships Outdoor 4/30/2009 Friday 4 x 100 Meter NCTC Spring Relays Outdoor 4/11/2010 Sun 4 x 100 Meter NCTC Spring Relays Outdoor 4/11/2010 Sun 4 x 100 Meter Penn Relays Outdoor 4/11/2010 Sun 4 x 100 Meter Penn Relays Outdoor 4/22/2010 Thurs 4 x 100 Meter Union County Relay Championship Outdoor 4/22/2010 Thurs 4 x 100 Meter Blue Devil Relays Outdoor 4/16/2011 Sun 4 x 100 Meter Penn Relays Outdoor 4/26/2011 Thurs 4 x 100 Meter Blue Devil Relays Outdoor 4/16/2011 Sun 4 x 100 Meter Ellue Devil Relays Outdoor 4/26/2011 | | 20041611 | Duto | Duy | 27011 | Otal Crimo | TTOURING! | | | |
| Colts Neck Relays Outdoor 4/11/2009 Sat 4 x 100 Meter Mountain Valley Conference Relay Outdoor 4/21/2008 Tues 4 x 100 Meter The Penn Relays Outdoor 4/23/2009 Thurs 4 x 100 Meter Union County Relay Championships Outdoor 4/17/2010 Su 4 x 100 Meter 70 Degrees and Sunny Turs 4 x 100 Meter Bible Devil Relays Outdoor 4/17/2010 Su 4 x 100 Meter 70 Degrees and Sunny Turs 4 x 100 Meter Penn Relays Outdoor 4/17/2010 Su 4 x 100 Meter Turs 4 x 100 Meter Union County Relay Championship Outdoor 4/10/2011 Su 4 x 100 Meter Flagh (4)%, Rain Flagh (4)%, Rain Penn Relays Outdoor 4/10/2011 Su 4 x 100 Meter High 40%, Rain Flagh (4)%, Rain Penn Relays Outdoor 4/10/2011 Su 4 x 100 Meter High 40%, Rain Flagh (4)%, Rain | | Outdoor | 5/2/2008 | Friday | 4 x 100 Meter | | | | | |
| Mountain Valley Conference Relay Outdoor 4/21/2009 Finds 4 x 100 Meter | | | | • | | | | | | |
| The Penn Relays | • | | | | | | | | | |
| Union County Relay Championships Outdoor 4/30/2009 Thurs 4 x 100 Meter 70 Degrees and Sunny 3 Bad NLCT C Spring Relays Outdoor 4/11/2010 Sta 4 x 100 Meter 70 Degrees and Sunny 3 Bad Penn Relays Outdoor 4/29/2010 Thurs 4 x 100 Meter 3 8 Partly Sunny 4 x 100 Meter | | | | | | | | | | |
| NUTC Spring Relays Outdoor 4/11/2010 Sun 4 x 100 Meter 70 Degrees and Sunny Sun Blue Devil Relays Outdoor 4/29/2010 Thus 4 x 100 Meter Sunny Sunny | • | | | • | | | | | | |
| Blue Devil Relays Outdoor 417/2010 Sat 4 x 100 Meter 4 x 100 Meter 1 x 100 Meter | , , , | | | | | | 70 Degrees and Sunny | | | |
| Penn Relays Outdoor 4/22/2010 Thurs 4 x 100 Meter Union County Relay Championship Outdoor 4/29/2010 Thurs 4 x 100 Meter 58, Partly Sunny ************************************ | . 5 | | | | | | To Bogrood and Gamiy | | | Bad |
| Union County Relay Championship Outdoor 4/29/2010 Thurs 4 x 100 Meter 58, Partly Sunny NLCT Relays Outdoor 4/10/2011 Sun 4 x 100 Meter 58, Partly Sunny Blue Devil Relays Outdoor 4/16/2011 Sun 4 x 100 Meter 4/28/2010 Thurs 4 x 100 Meter Union County Relay Championship Outdoor 5/5/2011 Thurs 4 x 100 Meter 65, Sunny Carl Lewis Relays Outdoor 5/5/2011 Mon 4 x 100 Meter 65, Sunny 200 (Open) Season Opener Indoor 1/2/3/2007 Sun 200 Meter 28.61 Catholic Conference Championship Indoor 1/2/3/2007 Sun 200 Meter 28.61 Catholic Conference Championship Indoor 4/1/2008 Tius 200 Meter 28.61 Catholic Conference Championship Indoor 4/1/2008 Tius 200 Meter 28.30 Met vs Arbur L Johnson Outdoor 4/1/2008 Tius 200 Meter 28.79 2 Mountain Valley Conference <td>•</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> | • | | | | | | | | | |
| NUTCT Relays | • | | | | | | | | | |
| Blue Devil Relays Outdoor 4/16/2011 Sat 4x 100 Meter High 40's, Rain | | | | | | | 58. Partly Sunny | | | |
| Penn Relays Outdoor 4/28/2011 Thurs 4 x 100 Meter Union County Relay Championship Outdoor 5/5/2011 Thurs 4 x 100 Meter 200 (Open) Season Opener Indoor 12/23/2007 Sun 200 Meter 28.61 Catholic Conference Championship Indoor 2/8/2008 Friday 200 Meter 28.61 Catholic Conference Championship Indoor 2/8/2008 Friday 200 Meter 28.61 Catholic Conference Championship Indoor 4/1/2008 Friday 200 Meter 28.30 Meet vs Arthur L Johnson Outdoor 4/1/2008 Friday 200 Meter 28.30 2 Meet vs Governor Livingston and Outdoor 4/10/2008 Thurs 200 Meter 26.50 3 Union County Championships Outdoor 5/6/2008 Tues 200 Meter 26.50 3 Non Public A State Championships Outdoor 5/30/2008 Friday 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor | • | | | | | | • • | | | |
| Union County Relay Championship Outdoor 5/5/2011 Thurs 4 x 100 Meter 65, Sunny 200 (Open) 200 (Open) Sunny 4 x 100 Meter 5/5/2011 Mon 4 x 100 Meter 200 (Open) Season Opener Indoor 12/23/2007 Sun 200 Meter 28.61 Catholic Conference Championship Indoor 2/8/2008 Friday 200 Meter 27.90 Meet vs Arthur L Johnson Outdoor 4/1/2008 Friday 200 Meter 28.30 20.00 Meet vs Governor Livingston and Outdoor 4/1/2008 Thurs 200 Meter 28.30 20.00 | • | | | | | | J , - | | | |
| Carl Lewis Relays Outdoor 5/23/2011 Mon 4 x 100 Meter 200 (Open) 200 (Open) Season Opener Indoor 12/23/2007 Sun 200 Meter 28.61 Catholic Conference Championship Indoor 2/8/2008 Friday 200 Meter 27.90 Meet vs Arthur L Johnson Outdoor 4/1/2008 Tries 200 Meter 28.30 Meet vs Governor Livingston and Outdoor 4/1/2008 Tries 200 Meter 28.0 Mountain Valley Conference Outdoor 4/1/2008 Tries 200 Meter 26.50 3 Union County Championships Outdoor 5/6/2008 Tues 200 Meter 26.50 3 Non Public A State Championships Outdoor 5/1/2008 Friday 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.50 2 Meet vs Governor Livingston and Outdoor 4/3/2009 Tiurs 200 Meter 26.90 1 Meet vs Cranford and Hillsid | | | | | | | 65, Sunny | | | |
| 200 (Open) Season Opener Indoor 12/23/2007 Sun 200 Meter 28.61 Catholic Conference Championship Indoor 2/8/2008 Friday 200 Meter 27.90 Meet vs Arthur L Johnson Outdoor 4/1/2008 Tues 200 Meter 28.30 Met vs Governor Livingston and Outdoor 4/1/2008 Thurs 200 Meter 28.30 Mountain Valley Conference Outdoor 4/10/2008 Thurs 200 Meter 26.50 3 Union County Championships Outdoor 5/6/2008 Tues 200 Meter 26.50 3 Meet vs Arthur L Johnson Outdoor 5/30/2008 Friday 200 Meter 26.80 2 Meet vs Arthur L Johnson Outdoor 5/30/2008 Friday 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.50 2 Meet vs Governor Livingston and Outdoor 4/1/2009 Ties 200 Meter 26.90 1 <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td>,</td><td></td><td></td><td></td></t<> | | | | | | | , | | | |
| Season Opener Indoor 12/23/2007 Sun 200 Meter 28.61 Catholic Conference Championship Indoor 2/8/2008 Friday 200 Meter 27.90 Meet vs Arthur L Johnson Outdoor 4/1/2008 Tues 200 Meter 28.30 Metuchen Frosh Soph 1 Outdoor 4/1/2008 Friday 200 Meter 28.79 2 Meet vs Governor Livingston and Outdoor 4/10/2008 Thurs 200 Meter 28.30 Mountain Valley Conference Outdoor 5/6/2008 Tues 200 Meter 28.30 Union County Championships Outdoor 5/6/2008 Tues 200 Meter 26.50 3 Meet vs Arthur L Johnson Outdoor 5/30/2008 Friday 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor 4/3/2009 Friday 200 Meter 27.00 1 Meet vs Governor Livinigston and Outdoor < | 200 (Open) | | | | | | | | | |
| Meet vs Arthur L Johnson Outdoor 4/1/2008 Tues 200 Meter 28.30 Metuchen Frosh Soph 1 Outdoor 4/4/2008 Friday 200 Meter 28.79 2 Meet vs Governor Livingston and Outdoor 4/10/2008 Thurs 200 Meter 28.30 Mountain Valley Conference Outdoor 5/6/2008 Tues 200 Meter 26.50 3 Union County Championships Outdoor 5/17/2008 Sat 200 Meter 26.80 27.27 9 Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.27 9 Metuchen Frosh Soph 1 Outdoor 4/3/2009 Friday 200 Meter 27.00 1 Meet vs Governor Livingston and Outdoor 4/7/2009 Tues 200 Meter 26.90 1 Meet vs Cranford and Hillside Outdoor 4/16/2009 Thurs 200 Meter 26.90 1 Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 | Season Opener | Indoor | 12/23/2007 | Sun | 200 Meter | | | 28.61 | | |
| Metuchen Frosh Soph 1 Outdoor 4/4/2008 Friday Friday 200 Meter 28.79 2 Meet vs Governor Livingston and Outdoor 0utdoor 4/10/2008 Thurs 200 Meter 28.30 2 Mountain Valley Conference Outdoor 5/6/2008 Tues 200 Meter 26.50 3 Union County Championships Outdoor 5/17/2008 Sat 200 Meter 26.80 27.27 9 Non Public A State Championships Outdoor 5/30/2008 Friday 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.50 2 Metuchen Frosh Soph 1 Outdoor 4/3/2009 Friday 200 Meter 27.00 1 Meet vs Governor Livingston and Meet vs Governor Livingston and Meet vs Cranford and Hillside Outdoor 4/16/2009 Thurs 200 Meter 26.90 1 Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Catholic Conference Championship | Indoor | 2/8/2008 | Friday | 200 Meter | | | 27.90 | | |
| Meet vs Governor Livingston and Outdoor 4/10/2008 Thurs 200 Meter 28.30 Mountain Valley Conference Outdoor 5/6/2008 Tues 200 Meter 26.50 3 Union County Championships Outdoor 5/17/2008 Sat 200 Meter 26.80 Non Public A State Championships Outdoor 5/30/2008 Friday 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.50 2 Metuchen Frosh Soph 1 Outdoor 4/3/2009 Friday 200 Meter 27.00 1 Meet vs Governor Livingston and Outdoor 4/7/2009 Tues 200 Meter 26.90 1 Meet vs Cranford and Hillside Outdoor 4/16/2009 Thurs 200 Meter 26.90 1 Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Meet vs Arthur L Johnson | Outdoor | 4/1/2008 | Tues | 200 Meter | | | 28.30 | | |
| Mountain Valley Conference Outdoor 5/6/2008 Tues 200 Meter 26.50 3 Union County Championships Outdoor 5/17/2008 Sat 200 Meter 26.80 Non Public A State Championships Outdoor 5/30/2008 Friday 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.50 2 Metuchen Frosh Soph 1 Outdoor 4/3/2009 Friday 200 Meter 27.00 1 Meet vs Governor Livingston and Outdoor 4/7/2009 Tues 200 Meter 26.90 1 Meet vs Cranford and Hillside Outdoor 4/16/2009 Thurs 200 Meter 26.90 1 Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Metuchen Frosh Soph 1 | Outdoor | 4/4/2008 | Friday | 200 Meter | | | 28.79 | 2 | |
| Union County Championships Outdoor 5/17/2008 Sat 200 Meter 26.80 Non Public A State Championships Outdoor 5/30/2008 Friday 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.50 2 Metuchen Frosh Soph 1 Outdoor 4/3/2009 Friday 200 Meter 27.00 1 Meet vs Governor Livingston and Outdoor 4/7/2009 Tues 200 Meter 26.90 1 Meet vs Cranford and Hillside Outdoor 4/16/2009 Thurs 200 Meter 26.90 1 Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Meet vs Governor Livingston and | Outdoor | 4/10/2008 | Thurs | 200 Meter | | | 28.30 | | |
| Non Public A State Championships Outdoor 5/30/2008 Friday 200 Meter 27.27 9 Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.50 2 Metuchen Frosh Soph 1 Outdoor 4/3/2009 Friday 200 Meter 27.00 1 Meet vs Governor Livingston and Outdoor 4/7/2009 Tues 200 Meter 26.90 1 Meet vs Cranford and Hillside Outdoor 4/16/2009 Thurs 200 Meter 26.90 1 Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Mountain Valley Conference | Outdoor | 5/6/2008 | Tues | 200 Meter | | | 26.50 | 3 | |
| Meet vs Arthur L Johnson Outdoor 4/2/2009 Thurs 200 Meter 27.50 2 Metuchen Frosh Soph 1 Outdoor 4/3/2009 Friday 200 Meter 27.00 1 Meet vs Governor Livingston and Outdoor 4/7/2009 Tues 200 Meter 26.90 1 Meet vs Cranford and Hillside Outdoor 4/16/2009 Thurs 200 Meter 26.90 1 Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Union County Championships | Outdoor | 5/17/2008 | Sat | 200 Meter | | | 26.80 | | |
| Metuchen Frosh Soph 1 Outdoor 4/3/2009 Friday 200 Meter 27.00 1 Meet vs Governor Livingston and Outdoor 4/7/2009 Tues 200 Meter 26.90 1 Meet vs Cranford and Hillside Outdoor 4/16/2009 Thurs 200 Meter 26.90 1 Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Non Public A State Championships | Outdoor | 5/30/2008 | Friday | 200 Meter | | | 27.27 | 9 | |
| Meet vs Governor Livingston and Outdoor 4/7/2009 Tues 200 Meter 26.90 1 Meet vs Cranford and Hillside Outdoor 4/16/2009 Thurs 200 Meter 26.90 1 Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Meet vs Arthur L Johnson | Outdoor | 4/2/2009 | Thurs | 200 Meter | | | 27.50 | 2 | |
| Meet vs Cranford and HillsideOutdoor4/16/2009Thurs200 Meter26.901Mountain Valley ConferenceOutdoor5/5/2009Tues200 Meter26.303Mountain Valley ConferenceOutdoor5/6/2009Wed200 Meter26.503 | Metuchen Frosh Soph 1 | Outdoor | 4/3/2009 | Friday | 200 Meter | | | 27.00 | 1 | |
| Mountain Valley Conference Outdoor 5/5/2009 Tues 200 Meter 26.30 3 Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Meet vs Governor Livingston and | Outdoor | 4/7/2009 | Tues | 200 Meter | | | 26.90 | 1 | |
| Mountain Valley Conference Outdoor 5/6/2009 Wed 200 Meter 26.50 3 | Meet vs Cranford and Hillside | Outdoor | 4/16/2009 | Thurs | 200 Meter | | | 26.90 | 1 | |
| · | Mountain Valley Conference | Outdoor | 5/5/2009 | Tues | 200 Meter | | | 26.30 | 3 | |
| Union County Championships Outdoor 5/15/2009 Friday 200 Meter 26 48 5 | Mountain Valley Conference | Outdoor | 5/6/2009 | Wed | 200 Meter | | | 26.50 | 3 | |
| 2 22y 2p. | Union County Championships | Outdoor | 5/15/2009 | Friday | 200 Meter | | | 26.48 | 5 | |

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| Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
|-------------------------------------|----------|------------|--------|---------------|------------|------------|--------|-------|------|
| Union County Championships | Outdoor | 5/17/2009 | Sun | 200 Meter | | | 26.80 | | |
| Catholic Conference Championships | Outdoor | 5/25/2009 | Mon | 200 Meter | | | 26.58 | 5 | |
| Non Public A State Championship | Outdoor | 5/29/2009 | Friday | 200 Meter | | | 26.21 | 7 | PR |
| Meet vs Summit and Cranford | Outdoor | 3/30/2010 | Tues | 200 Meter | | | 26.50 | 1 | |
| Meet vs Arthur L Johnson | Outdoor | 4/13/2010 | Tues | 200 Meter | | | 26.70 | 1 | |
| UCC Divisional Championship | Outdoor | 5/6/2010 | Thurs | 200 Meter | | | 25.90 | 2 | PR |
| Union County Championship | Outdoor | 5/15/2010 | Sat | 200 Meter | | Mid 70's | 26.54 | 5 | |
| NP A South State Sectionals | Outdoor | 5/22/2010 | Sat | 200 Meter | | | 26.75 | 4 | |
| Non Public A State Championship | Outdoor | 5/29/2010 | Sat | 200 Meter | | | 26.34 | 7 | |
| Holiday Relay Carnival | Indoor | 12/28/2010 | Tues | 200 Meter | | | 28.10 | | |
| Meet vs Summit | Outdoor | 4/5/2011 | Tues | 200 Meter | | | 26.20 | | |
| Meet vs Arthur L. Johnson | Outdoor | 4/20/2011 | Wed | 200 Meter | | | 26.80 | | |
| Meet vs Cranford and Gov Livingston | Outdoor | 4/26/2011 | Tues | 200 Meter | | 75, Sunny | 26.50 | 2 | |
| UCC Divisional Championship | Outdoor | 5/14/2011 | Sat | 200 Meter | | | 26.07 | 4 | |
| Union County Championship | Outdoor | 5/21/2011 | Sat | 200 Meter | | 68, Cloudy | 26.01 | 3 | |
| Union County Championship | Outdoor | 5/21/2011 | Sat | 200 Meter | | 68, Cloudy | 25.61 | 3 | PR |
| Non Public A State Sectionals | Outdoor | 5/28/2011 | Sat | 200 Meter | | 88 / Sunny | 26.36 | 6 | |
| Non Public A State Sectionals | Outdoor | 5/28/2011 | Sat | 200 Meter | | 88 / Sunny | 26.08 | 4 | |
| 200 (Relay) | | | | | | | | | |
| Marine Corps Holiday Classic | Indoor | 12/27/2007 | Thurs | SMR 4-2-2-8 | | | 28.50 | | |
| Catholic Conference Relays | Indoor | 1/6/2008 | Sun | 4 x 200 Meter | | | 27.90 | | |
| Non Public State Relays | Indoor | 1/11/2008 | Friday | 4 x 200 Meter | | | 27.70 | | |
| Non Public State Relays | Indoor | 1/11/2008 | Friday | SMR 4-2-2-8 | | | 27.80 | | |
| New Balance Games | Indoor | 1/19/2008 | Sat | SMR 4-2-2-8 | | | 27.40 | | |
| Mountain Valley Conference Relay | Outdoor | 4/13/2008 | Sun | SMR 2-2-4-8 | | | 27.00 | | |
| Mountain Valley Conference Relay | Outdoor | 4/13/2008 | Sun | 4 x 200 Meter | | | 27.20 | | |
| Metuchen Frosh Soph 3 | Outdoor | 4/18/2008 | Friday | 4 x 200 Meter | | | 26.00 | | |
| Blue Devil Classic | Outdoor | 4/19/2008 | Sat | 4 x 200 Meter | | | 27.30 | | |
| Blue Devil Classic | Outdoor | 4/19/2008 | Sat | SMR 4-2-2-8 | | | 26.60 | | |
| Mountain Valley Conference Relay | Outdoor | 4/30/2008 | Wed | 4 x 200 Meter | | | 26.70 | | |
| Union County Relay Championships | Outdoor | 5/2/2008 | Friday | 4 x 200 Meter | | | 26.50 | | |
| | | | | | | | | | |

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| Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
|----------------------------------|----------|------------|--------|---------------|------------|----------------------|---------|-------|------|
| Colts Neck Relays | Outdoor | 4/11/2009 | Sat | 4 x 200 Meter | | | 26.50 | | |
| Colts Neck Relays | Outdoor | 4/11/2009 | Sat | SMR 4-2-2-8 | | | 29.80 | | |
| Blue Devil Classic | Outdoor | 4/18/2009 | Sat | 4 x 200 Meter | | | 26.30 | | |
| Mountain Valley Conference Relay | Outdoor | 4/21/2009 | Tues | 4 x 200 Meter | | | 26.60 | | |
| Union County Relay Championships | Outdoor | 4/30/2009 | Thurs | 4 x 200 Meter | | | 26.40 | | |
| Catholic Conference Relays | Indoor | 1/3/2010 | Sun | SMR 4-2-2-8 | | | 27.70 | | |
| NJCTC Spring Relays | Outdoor | 4/11/2010 | Sun | 4 x 200 Meter | | 70 Degrees and Sunny | 25.70 | | PR |
| Blue Devil Relays | Outdoor | 4/17/2010 | Sat | 4 x 200 Meter | | | 25.70 | | |
| Passarreli Relays | Indoor | 12/19/2010 | Sun | SMR 2-2-4-8 | | | 27.90 | | |
| Passarreli Relays | Indoor | 12/19/2010 | Sun | 4 x 200 Meter | | | 27.40 | | |
| Catholic Conference Relays | Indoor | 1/2/2011 | Sun | 4 x 200 Meter | | | 26.40 | | PR |
| Union County Relay Championship | Indoor | 1/8/2011 | Sat | 4 x 200 Meter | | | 26.40 | | |
| Non Public State Relays | Indoor | 1/15/2011 | Sat | 4 x 200 Meter | | | 26.70 | | |
| Eastern States Invitational | Indoor | 3/1/2011 | Tues | 4 x 200 Meter | | | 26.20 | | PR |
| New Balance Indoor Nationals | Indoor | 3/11/2011 | Friday | 4 x 200 Meter | | | 25.90 | | PR |
| NJCTC Relays | Outdoor | 4/10/2011 | Sun | 4 x 200 Meter | | 58, Partly Sunny | 25.40 | | PR |
| Blue Devil Relays | Outdoor | 4/16/2011 | Sat | 4 x 200 Meter | | High 40's, Rain | 25.90 | | |
| Union County Relay Championship | Outdoor | 5/6/2011 | Friday | 4 x 200 Meter | | 65, Sunny | 25.30 | | |
| Carl Lewis Relays | Outdoor | 5/23/2011 | Mon | 4 x 200 Meter | | | 25.40 | | |
| 300 (Open) | | | | | | | | | |
| Catholic Conference Championship | Indoor | 2/7/2010 | Sun | 300 Meter | | | 43.80 | 5 | |
| Catholic Conference Championship | Indoor | 2/6/2011 | Sun | 300 Meter | | | 42.72 | 4 | PR |
| 400 (Open) | | | | | | | | | |
| Season Opener | Indoor | 12/23/2007 | Sun | 400 Meter | | | 1:07.38 | | |
| Mountain Valley Conference | Indoor | 1/5/2008 | Sat | 400 Meter | | | 1:05.76 | 7 | |
| NJCTC Frosh/Soph Championships | Indoor | 1/27/2008 | Sun | 400 Meter | | | 1:05.10 | 6 | |
| Catholic Conference Championship | Indoor | 2/8/2008 | Friday | 400 Meter | | | 1:05.20 | | |
| Meet vs Arthur L Johnson | Outdoor | 4/1/2008 | Tues | 400 Meter | | | 1:04.50 | | |
| Metuchen Frosh Soph 1 | Outdoor | 4/4/2008 | Friday | 400 Meter | | | 1:06.23 | 1 | |
| Meet vs Governor Livingston and | Outdoor | 4/10/2008 | Thurs | 400 Meter | | | 1:04.40 | 3 | |
| Mountain Valley Conference | Outdoor | 5/6/2008 | Tues | 400 Meter | | | 1:02.80 | | |
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|--------------------------------------|----------|------------|--------|-----------|------------|------------|---------|-------|---------|
| Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
| Union County Championships | Outdoor | 5/17/2008 | Sat | 400 Meter | | | 1:02.20 | | |
| NJCTC Frosh/Soph Championships | Outdoor | 5/18/2008 | Sun | 400 Meter | | | 1:04.70 | 6 | |
| Meet vs Arthur L Johnson | Outdoor | 4/2/2009 | Thurs | 400 Meter | | | 1:02.50 | 2 | |
| Metuchen Frosh Soph 1 | Outdoor | 4/3/2009 | Friday | 400 Meter | | | 1:03.00 | 1 | |
| Meet vs Governor Livingston and | Outdoor | 4/7/2009 | Tues | 400 Meter | | | 1:01.50 | | |
| Meet vs Cranford and Hillside | Outdoor | 4/16/2009 | Thurs | 400 Meter | | | 1:02.70 | 2 | |
| Mountain Valley Conference | Outdoor | 5/5/2009 | Tues | 400 Meter | | | 1:00.90 | 6 | |
| Mountain Valley Conference | Outdoor | 5/6/2009 | Wed | 400 Meter | | | 1:02.80 | | |
| Union County Championships | Outdoor | 5/15/2009 | Friday | 400 Meter | | | 1:00.45 | 8 | |
| Union County Championships | Outdoor | 5/17/2009 | Sun | 400 Meter | | | 1:02.20 | | |
| Catholic Conference Championships | Outdoor | 5/25/2009 | Mon | 400 Meter | | | 1:01.77 | 9 | |
| Non Public A State Championship | Outdoor | 5/29/2009 | Friday | 400 Meter | | | 1:00.35 | 7 | PR |
| Merli Invitational | Indoor | 12/19/2009 | Sat | 400 Meter | | | 1:07.01 | 8 | |
| Union County Championship | Indoor | 1/23/2010 | Sat | 400 Meter | | | 1:01.39 | 4 | PR |
| Non Public A State Championship | Indoor | 2/19/2010 | Friday | 400 Meter | | | 1:01.25 | 4 | PR |
| Meet of Champions | Indoor | 2/27/2010 | Sat | 400 Meter | | | 1:01.70 | | |
| Meet vs Summit and Cranford | Outdoor | 4/6/2010 | Tues | 400 Meter | | | 1:02.80 | 1 | |
| Meet vs Roselle Catholic and Roselle | Outdoor | 4/20/2010 | Tues | 400 Meter | | | 1:03.30 | 1 | |
| UCC Divisional Championship | Outdoor | 5/5/2010 | Wed | 400 Meter | | | 1:01.00 | 3 | |
| Union County Championship | Outdoor | 5/14/2010 | Friday | 400 Meter | | Mid 70's | 59.26 | 6 | PR |
| NP A South State Sectionals | Outdoor | 5/21/2010 | Friday | 400 Meter | | | 1:01.04 | 7 | |
| Non Public A State Championship | Outdoor | 5/28/2010 | Friday | 400 Meter | | | 59.81 | 9 | |
| Union County Championship | Indoor | 1/22/2011 | Sat | 400 Meter | | | 1:00.98 | 4 | 28.6,PR |
| Non Public A State Championship | Indoor | 2/19/2011 | Sat | 400 Meter | | | 1:01.08 | 7 | 27.6 |
| Eastern States Invitational | Indoor | 3/1/2011 | Tues | 400 Meter | | | 59.21 | 10 | PR |
| Meet vs Summit | Outdoor | 4/5/2011 | Tues | 400 Meter | | | 1:01.50 | | |
| Meet vs Arthur L. Johnson | Outdoor | 4/20/2011 | Wed | 400 Meter | | | 1:01.70 | 1 | |
| UCC Divisional Championship | Outdoor | 5/13/2011 | Friday | 400 Meter | | | 58.93 | 3 | PR |
| Union County Championship | Outdoor | 5/20/2011 | Friday | 400 Meter | | 68, Cloudy | 59.26 | 5 | |
| Non Public A State Sectionals | Outdoor | 5/27/2011 | Friday | 400 Meter | | 88 / Sunny | 57.70 | 1 | PR |
| Non Public A State Championship | Outdoor | 6/3/2011 | Friday | 400 Meter | | | 58.18 | 2 | |

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| Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
|----------------------------------|----------|------------|--------|------------------|------------|-------------|---------|-------|------|
| Meet of Champions | Outdoor | 6/9/2011 | Thurs | 400 Meter | | 100 Degrees | 59.00 | 18 | |
| 400 (Relay) | | | | | | | | | |
| Non Public A State Championships | Outdoor | 5/28/2004 | Friday | 4 x 400 Meter | | | 1:02.00 | | |
| Marine Corps Holiday Classic | Indoor | 12/27/2007 | Thurs | 4 x 400 Meter | | | 1:05.80 | | |
| Mountain Valley Conference | Indoor | 1/5/2008 | Sat | 4 x 400 Meter | | | 1:04.90 | | |
| Catholic Conference Relays | Indoor | 1/6/2008 | Sun | SMR 2-2-4-8 | | | 1:04.30 | | |
| Non Public State Relays | Indoor | 1/11/2008 | Friday | 4 x 400 Meter | | | 1:04.50 | | |
| New Balance Games | Indoor | 1/19/2008 | Sat | 4 x 400 Meter | | | 1:02.90 | | |
| Catholic Conference Championship | Indoor | 2/8/2008 | Friday | 4 x 400 Meter | | | 1:05.90 | | |
| Non Public A State Championships | Indoor | 2/16/2008 | Sat | 4 x 400 Meter | | | 1:02.80 | | |
| Winter Track Meet of Champions | Indoor | 2/23/2008 | Sat | 4 x 400 Meter | | | 1:04.10 | | |
| Metuchen Frosh Soph 2 | Outdoor | 4/11/2008 | Friday | SMR 2-2-4-8 | | | 1:03.90 | | |
| Meet vs Cranford and Hillside | Outdoor | 4/15/2008 | Tues | 4 x 400 Meter | | | 1:05.10 | | |
| Blue Devil Classic | Outdoor | 4/19/2008 | Sat | DMR 12-4-8-16 | | | 1:02.90 | | |
| Mountain Valley Conference Relay | Outdoor | 4/29/2008 | Tues | 4 x 400 Meter | | | 1:03.70 | | |
| Mountain Valley Conference Relay | Outdoor | 4/29/2008 | Tues | SMR 2-2-4-8 | | | 1:03.40 | | |
| Union County Relay Championships | Outdoor | 5/2/2008 | Friday | DMR 12-4-8-16 | | | 1:02.50 | | |
| Union County Relay Championships | Outdoor | 5/2/2008 | Friday | 4 x 400 Meter | | | 1:03.50 | | |
| Mountain Valley Conference | Outdoor | 5/6/2008 | Tues | 4 x 400 Meter | | | 1:01.40 | | |
| Non Public A State Championships | Outdoor | 5/30/2008 | Friday | 4 x 400 Meter | | | 1:02.00 | | |
| Meet vs Governor Livingston and | Outdoor | 4/7/2009 | Tues | 4 x 400 Meter | | | 1:02.50 | | |
| Blue Devil Classic | Outdoor | 4/18/2009 | Sat | SMR 4-2-2-8 | | | 59.90 | | |
| Mountain Valley Conference Relay | Outdoor | 4/21/2009 | Tues | SMR 2-2-4-8 | | | 1:00.20 | | |
| The Penn Relays | Outdoor | 4/24/2009 | Friday | 4 x 400 Meter | | | 1:01.60 | | |
| Union County Relay Championships | Outdoor | 4/30/2009 | Thurs | SMR 2-2-4-8 | | | 1:00.80 | | |
| Union County Relay Championships | Outdoor | 4/30/2009 | Thurs | 4 x 400 Meter | | | 1:00.30 | | |
| Mountain Valley Conference | Outdoor | 5/6/2009 | Wed | 4 x 400 Meter | | | 1:01.40 | | |
| Union County Championships | Outdoor | 5/15/2009 | Friday | 4 x 400 Meter | | | 1:00.50 | | |
| Non Public A State Championship | Outdoor | 5/29/2009 | Friday | 4 x 400 Meter | | | 59.20 | | PR |
| Merli Invitational | Indoor | 12/19/2009 | Sat | 1600 Meter Relay | | | 1:04.90 | | |
| Non Public State Relays | Indoor | 1/16/2010 | Sat | SMR 4-2-2-8 | | | 1:03.70 | | PR |

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| Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
|----------------------------------|----------|------------|--------|------------------|------------|----------------------|---------|-------|---------|
| Union County Relay Championship | Indoor | 1/23/2010 | Sat | SMR 4-2-2-8 | | | 1:03.80 | | |
| Union County Championship | Indoor | 1/23/2010 | Sat | 1600 Meter Relay | | | 1:02.90 | | PR |
| Summit Relays | Outdoor | 4/3/2010 | Sat | SMR 2-2-4-8 | | 70 Degrees, Sunny | 1:01.80 | | |
| NJCTC Spring Relays | Outdoor | 4/11/2010 | Sun | DMR 12-4-8-16 | | 70 Degrees and Sunny | 1:01.40 | | |
| Meet vs Arthur L Johnson | Outdoor | 4/13/2010 | Tues | 4 x 400 Meter | | g , | 1:00.60 | | |
| Blue Devil Relays | Outdoor | 4/17/2010 | Sat | SMR 4-2-2-8 | | | 1:01.50 | | |
| Penn Relays | Outdoor | 4/22/2010 | Thurs | 4 x 400 Meter | | | 1:00.70 | | |
| Union County Relay Championship | Outdoor | 4/29/2010 | Thurs | SMR 4-2-2-8 | | | 59.30 | | PR |
| UCC Divisional Championship | Outdoor | 5/6/2010 | Thurs | 4 x 400 Meter | | | 59.80 | | |
| Union County Championship | Outdoor | 5/15/2010 | Sat | 4 x 400 Meter | | Mid 70's | 58.90 | | PR |
| NP A South State Sectionals | Outdoor | 5/22/2010 | Sat | 4 x 400 Meter | | | 59.80 | | |
| Non Public A State Championship | Outdoor | 5/29/2010 | Sat | 4 x 400 Meter | | | 59.50 | | |
| Passarreli Relays | Indoor | 12/19/2010 | Sun | DMR 12-4-8-16 | | | 1:03.50 | | 29.7, |
| Holiday Relay Carnival | Indoor | 12/28/2010 | Tues | 4 x 400 Meter | | | 1:03.30 | | 29.2 |
| Catholic Conference Relays | Indoor | 1/2/2011 | Sun | DMR 12-4-8-16 | | | 1:02.30 | | 29.7,, |
| Catholic Conference Relays | Indoor | 1/2/2011 | Sun | 4 x 400 Meter | | | 1:02.80 | | 29.3 |
| Union County Relay Championship | Indoor | 1/8/2011 | Sat | DMR 12-4-8-16 | | | 1:02.00 | | 29.2,, |
| Union County Relay Championship | Indoor | 1/8/2011 | Sat | 4 x 400 Meter | | | 1:02.50 | | 29.2 |
| Non Public State Relays | Indoor | 1/15/2011 | Sat | 4 x 400 Meter | | | 1:00.90 | 2 | 28.5,PR |
| Non Public State Relays | Indoor | 1/15/2011 | Sat | DMR 12-4-8-16 | | | 1:02.10 | | 28.1 |
| Union County Championship | Indoor | 1/22/2011 | Sat | 4 x 400 Meter | | | 1:01.80 | | 29.1 |
| Catholic Conference Championship | Indoor | 2/6/2011 | Sun | 4 x 400 Meter | | | 1:01.60 | | 28.4 |
| Non Public A State Championship | Indoor | 2/19/2011 | Sat | 4 x 400 Meter | | | 1:00.80 | 2 | 28.5,PR |
| Meet of Champions | Indoor | 2/26/2011 | Sat | 4 x 400 Meter | | | 59.80 | 2 | 27.6,PR |
| NJCTC Relays | Outdoor | 4/10/2011 | Sun | SMR 2-2-4-8 | | 58, Partly Sunny | 58.60 | | PR |
| Blue Devil Relays | Outdoor | 4/16/2011 | Sat | 4 x 400 Meter | | High 40's, Rain | 1:02.40 | | |
| Penn Relays | Outdoor | 4/28/2011 | Thurs | 4 x 400 Meter | | | 1:00.30 | | |
| Union County Relay Championship | Outdoor | 5/5/2011 | Thurs | SMR 2-2-4-8 | | 65, Sunny | 57.70 | | PR |
| Union County Relay Championship | Outdoor | 5/6/2011 | Friday | 4 x 400 Meter | | 65, Sunny | 58.50 | | 26.0 |
| Union County Championship | Outdoor | 5/21/2011 | Sat | 4 x 400 Meter | | 68, Cloudy | 58.50 | | |
| Non Public A State Sectionals | Outdoor | 5/28/2011 | Sat | 4 x 400 Meter | | 88 / Sunny | 59.80 | | |

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| Meet | Location | Date | Day | Event | Start Time | Weather | Result | Place | Note |
|--------------------------------------|-------------------------|------------|-------|----------------|------------|--------------------|------------|-------|-------|
| 440 Y (Relay) | | | | | | | | | |
| Jnion County Individuals | Indoor | 1/28/2008 | Mon | 1.0 Mile Relay | | | 1:07.50 | | |
| 600 (Open) | | | | | | | | | |
| Catholic Conference Championship | Indoor | 2/7/2010 | Sun | 600 Meter | | | 1:48.20 | 7 | |
| 800 (Open) | | | | | | | | | |
| Meet vs Cranford and Hillside | Outdoor | 4/15/2008 | Tues | 800 Meter | | | 2:40.60 | 2 | |
| 800 (Relay) | | | | | | | | | |
| Marine Corps Holiday Classic | Indoor | 12/27/2007 | Thurs | 4 x 800 Meter | | | 2:51.30 | | |
| Catholic Conference Relays | Indoor | 1/3/2010 | Sun | DMR 12-4-8-16 | | | 2:46.70 | | |
| Non Public State Relays | Indoor | 1/16/2010 | Sat | DMR 12-4-8-16 | | | 2:37.00 | | PR |
| Jnion County Relay Championship | Indoor | 1/23/2010 | Sat | DMR 12-4-8-16 | | | 2:40.30 | | |
| Summit Relays | Outdoor | 4/3/2010 | Sat | 4 x 800 Meter | | 70 Degrees, Sunny | 2:42.80 | | |
| 5000 | | | | | | | | | |
| JC vs Summit GL and Hillside | Memorial Park | 9/21/2010 | Tues | 5K | | 70 and Sunny | 24:26.00 | | |
| 5150 | | | | | | | | | |
| JC vs Arthur L. Johnson and Hillside | Conant Park in Hillside | 9/14/2010 | Tues | 5150 Meters | | 75 Degrees & Sunny | | | Wrong |
| JC vs Rahway | Warinanco Park | 10/5/2010 | Tues | 5150 Meters | | 55 / Rainy | 25:00.00 | | |
| JC vs Roselle Catholic and Union | Warinanco Park | 10/12/2010 | Tues | 5150 Meters | | 65 / Clear | 26:22.00 | | |
| JCC Divisional Championship | Warinanco Park | 10/19/2010 | Tues | 5150 Meters | | 58 Degrees | 24:47.00 | 35 | PR |
| Jnion County Championship | Warinanco Park | 10/28/2010 | Thurs | 5150 Meters | | 73 / Sunny / Windy | 24:36.00 | 69 | PR |
| Long Jump | | | | | | | | | |
| Meet vs Cranford and Hillside | Outdoor | 4/16/2009 | Thurs | Long Jump | | | | | |
| Meet vs Arthur L. Johnson | Outdoor | 4/20/2011 | Wed | Long Jump | | | 0' 00.00" | | Fault |
| Meet vs Cranford and Gov Livingston | Outdoor | 4/26/2011 | Tues | Long Jump | | 75, Sunny | 14' 00.00" | | PR |

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