



1600 Meter Time Trial at Union Catholic Track (Girls)

11/3/2014

Weather: 55 Degrees

Good Stuff!

1600 Meters (Time Trial) (4:15 PM)	Comments	Pace	Split Times		
			400	800	1200
Glynn, Caitlin		5:22	1:15.00	2:35.00	3:57.00
Onque-Shabazz,		5:26	1:15.00	2:35.00	3:57.00
Sullivan, Caroline		5:27	1:15.00	2:38.00	4:07.00
Novack, Tressa	<i>PR (-15.30)</i>	5:31	1:16.00	2:41.00	4:07.00
Johnson, Asia	<i>PR (-16.10)</i>	5:32	1:15.00	2:37.00	4:04.00
Herran, Alana		5:48	1:17.00	2:43.00	4:16.00
Grieco, Amanda		6:04	1:21.00	2:53.00	4:27.00
Nugent, Kristen		6:19	1:21.00	2:57.00	4:39.00
Tangretti, Sophia	<i>PR (-41.00)</i>	6:22	1:24.00	3:03.00	4:45.00
Boccher, Mia		6:23	1:25.00	3:05.00	4:47.00
Williams, Alexandra	<i>PR (-16.00)</i>	6:41	1:28.00	3:09.00	4:56.00
Adedoyin, Nike		6:46	1:28.00	3:08.00	4:58.00
Rivera, Alysya		7:29	1:28.00	3:12.00	5:17.00
Nesmith, Ymani		8:04	1:41.00	3:49.00	5:59.00
Pinckney, Katie		8:04	1:38.00	3:49.00	5:54.00