



# XC 1600m Time Trial at Union Catholic Track (Girls)

11/15/2016

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## Varsity 1600 Meters (3:30 PM)

		Comments	Pace
Novack, Tressa	5:19.00	<i>PR (-09.00)</i>	
Lufrano, Jerika	5:27.00		
McCabe, Megan	5:33.00		
Morant, Leena	5:43.00		
Wlodarski, Monika	5:48.00	<i>PR (-09.80)</i>	
Palacio, Emma	6:02.00		

## 1600 Meters

		Comments	Pace
Sullivan, Caroline	5:38.00		
Zeigler, Kathryn	5:41.00	<i>PR (-00.90)</i>	
Ysaac, Zamira	5:48.00		
Patterson, Ashleigh	6:01.00		
Quainoo, Felicia	6:13.00		
Jackson, Morgan	6:17.00		
Williams, Shyla	6:21.00		
Sullivan, Deidre	7:04.00		
Jones, CaMai	7:42.00		

*Run on 11/9*

## 400 Meters (4:00 PM)

		Comments	Pace
Quainoo, Felicia	1:04.60		
Patterson, Ashleigh	1:05.90		
Ysaac, Zamira	1:06.60		
Jackson, Morgan	1:10.70		
Zeigler, Kathryn	1:11.20		
Williams, Shyla	1:12.80		
Sullivan, Caroline	1:17.00		
Jones, CaMai	1:21.80		

*Run on 11/9*